



IN TOUCH

SESSION: 2025-26

Class: Balvatika I

Month: April - May'25

Marvellous Me!

Dear Parents,

Welcome to Our Newsletter April - May!

Our little Dipsites have embarked on a captivating journey of wonder and discovery, encountering a world brimming with new activities and experiences. This new beginning promises rich and diverse learning opportunities through experiential learning. We are pleased to introduce our first planner of this session, titled "In Touch" for April and May. This planner will be sent monthly to provide you with insights into our curriculum, enriched with engaging activities, thoughtfully aligned with the guidelines of the National Education Policy 2020 for Early Years Education. Our approach embraces innovative teaching methods and is in sync with the objectives of the NIPUN BHARAT mission, which focuses on three key developmental goals for preschool education in India:

Goal 1: Promoting children's good health and well-being.

Goal 2: Helping children become effective communicators.

Goal 3: Encouraging children to become active learners who connect with their surroundings.

These goals are seamlessly integrated into our curriculum to ensure holistic development and to instil essential life skills, values, ethics, and character at every developmental stage.

Rooted in the philosophy of holistic development, we incorporate the five koshas—Annamaya Kosha (Physical), Pranamaya Kosha (Energy), Manomaya Kosha (Mind), Vijnanamaya Kosha (Wisdom), and Anandamaya Kosha (Bliss)—to nurture every aspect of a child's growth. These are through the following domains

Language and Literacy – Encouraging self-expression through storytelling, journaling, and affirmations.

Cognitive Development – Fostering problem-solving skills, critical thinking, and curiosity-driven learning.

Physical Development – Enhancing strength, coordination, and well-being through movement and mindfulness activities.

Aesthetic and Cultural Development – Cultivating creativity, appreciation for diversity, and artistic expression.

Social-Emotional and Ethical Development – Building confidence, resilience, empathy, and gratitude.

LEARNING AT A GLANCE

At DPS Surajkund, we believe that children thrive when learning is interconnected rather than isolated. Our curriculum is thoughtfully designed to engage students in meaningful, everyday experiences by integrating concepts and emphasizing their relevance. Recognizing that each child possesses a unique mindset that shapes their learning, performance, and comprehension, we incorporate diverse learning styles into our monthly themes.

This month, our students will explore number sense and phonics through a variety of hands-on activities, including number games, letter of the week, phonic games, and exercises for both fine and gross motor skills. Here are some of the exciting zones we've set up for their exploration this month:

1. Clay Dough Zone
2. Construction Zone
3. Dramatic Zone
4. Table Top Zone
5. Creative Zone
6. Pretend Play Zone
7. Water zone





LANGUAGE AND LITERACY DEVELOPMENT

Emergent Literacy English (Language 1)

Phonic Sounds-

- Recapitulation of /s/, /a/, /t/
- Introduction of /p/, /i/, /n/
- Vocabulary related to the sounds
- Recognition of the sound when the letter and real object picture is shown

Writing:

- Random Scribbling
- Controlled Scribbling
- Naming Scribbles
- Patterned Scribbling

Rhymes:

- This is the Way We Brush Our Teeth
- I Love You Mom
- Sun is Shining

Emergent Literacy Hindi (Language 2)

Language Development:

- सामान्य संचार

Rhymes:

- मम्मी की रोटी
- हाथी राजा





COGNITIVE DEVELOPMENT (Vijnanamaya Kosha)

Logical and Mathematical Development:

Pre Number Concept

- Big and Small
- Tall and short

Number Sense up to 5

- Unstructured Counting up to 5
- Quantification up to 5
- Identification of symbols 1 - 5
- Relation of quantity with the symbol with different materials
- Subitizing 1

Shapes- Circle

- Identification and application in real life
- Shape Art

Hands on Activities:

- Counting Fun with Nature
- Counting with objects
- Building Blocks
- Nature Fun

Naturalistic Learning: Worlds of Wonder:

All about me

Myself -

- Who am I?
- My Friends
- My Emotions
- My Favourite Things

My Family

- Who is in your Family?
- What does your family like to do together?
- Importance in the Family

My House

- Rooms in my house
- People in my house

My School

- Rooms in my School
- People in the School
- Places in the School
- School Rules

Lifeskills

- Unpacking our bag
- Organising My Cubby
- Safe Stranger and Unsafe Stranger





SOCIO-EMOTIONAL AND ETHICAL DEVELOPMENT (Manomaya Kosha)

- Helping each other
- Respecting each other
- Responsibility and handling

PHYSICAL DEVELOPMENT (Anamaya and Pranamaya Kosha)

- Personal Space
- Mirror Game
- Travel to go home
- Tempos [Fun Games]
- Moving & Freeze
- Body Part Identification
- Locomotors skills and Non locomotors skills
- Animal Walk
- Colour Recognition
- Pathways
- SEL (Social Emotional Learning)
- Musical ASAP





AESTHETIC AND CULTURAL DEVELOPMENT (Anandmaya Kosha)

PERFORMING ARTS

Music and Movement

- I am Special Song

<https://youtu.be/lrqkJS1cV24?feature=shared>

- Me !

https://youtu.be/jFUAY4_6Q8Q?feature=shared

Theatre

- Emotinal Walk
- Animal Walk
- Voice and Speech

VISUAL ARTS

Artistic Learning.

Art

- How to draw a shape
- Colour in circle shape
- Handprint tree art
- Sun collage

Craft:

- Create a collage with Nature's Element (Twigs, Leaves)
- Earth Day craft

Pottery:

- Shapes and Forms
- Leaf Impression in Clay
- Simple Snail & caterpillar With clay Roll





CELEBRATIONS AND LEARNING ACTIVITIES

MARK YOUR CALENDAR

Celebrations not only bring excitement to life but also cultivate positive social and emotional skills in children. Festivals introduce children to India's diverse cultural heritage, fostering acceptance of diversity and nurturing global citizenship. Please reserve your calendar for this month's festivities.

11.04.25	Baisakhi Celebration
22.04.25	Earth Day
29.04.25	World Dance Day
01.05.25	Labour Day
10.05.25	Mothers Day Celebration

11.04.25	Yellow Day Celebration
17.04.25	Blue Day Celebration
22.04.25	Green Day Celebration
06.05.25	Red Day Celebration





VOCABULARY ENRICHMENT

In order to develop the lexicon, the below mentioned words will be introduced during our everyday conversation.

sun, star, soap, socks, soup, snake, apple, alligator, ambulance, arrow, tiger, tree, top, tenthouse, tap, pot, pen, pencil, papaya, pig, pink, puff, India, ink-pot, insect, injection, nose, big, small, tall, short, sand, shorts, sunglasses, lemonade, watermelon

LISTENING SKILLS

Stories for The Month

- The Very Hungry Caterpillar by Eric Carle
- Gajapati Kulapati by Ashok Rajagopalan

At DPS Surajkund, our curriculum is designed to deliver experiential learning through STEAM (Science, Technology, Engineering, Arts, and Mathematics) activities aligned with the National Curriculum Framework 2022. As we move forward, we continue to prioritize the development of skills across various domains specified in the Framework through integrated STEAM activities.

What could STEM look like for our youngest learners?

- **Science:** Build a balance scale: This activity involves a plastic hanger, some cups and strings they can use to experiments with weight. This homemade scale can be a fun for them.
- **Technology:** Introduce basic tools like magnifying glasses, measuring spoons, or even toy cameras. These help preschoolers explore their environment in a hands-on way.
- **Engineering:** Building, problem solving, taking boxes apart, drawing a design, following it and then studying it to see if it worked or what changes need to be made, creating structures with a variety of blocks
- **Mathematics:** Use everyday objects like toys, snacks, or even steps to practice counting





STEAM Based Activities for the Month:

Play - Dough Portraits

Learning outcomes- This activity helps toddlers recognize facial features ,develop fine motor skills, and explore creativity while understanding the structure of a face.

RHYMES FOR THE MONTHS

हाथी राजा

हाथी राजा बड़े मज़ेदार ,
लम्बी सूंड और मोठे गाल।
झूम झूम कर चलते हैं ,
सबको खूब हंसाते हैं।

मम्मी की रोटी

मम्मी की रोटी गोल गोल
पापा का पैसा गोल गोल
दादी की बिंदी गोल गोल
दादा का चश्मा गोल गोल
साडी दुनिया गोल गोल।

This is the way we brush our teeth

This is the way we brush our teeth ,
Brush our teeth, Brush our teeth
This is the way we brush our teeth ,
Early in the morning.
This is the way we comb our hair,
Comb our hair, Comb our hair,
This is the way we comb our hair ,
Early in the morning.

I love you mom

Mommy ,Mommy you are so sweet
You make my world,
Feel warm and neat
With hugs and Kissess everyday,
You fill my heart in everyway.

Sun is shining

The sun is shining warm and Bright
It fills the world with golden light
Birds are singing
Skies so blue
A happy day for me and you.

Happy Learning!
Regards

Headmistress
DPS Surajkund

