



IN TOUCH

SESSION: 2025-26

Class: Balvatika II

Month: April-May' 25

Theme of the Month- "Marvellous Me"
"I am unique, I am me, there's no one else I'd rather be!" ★

Dear Parent,

"Take a flight to the new beginnings"

Our little Dipsites have embarked on a captivating journey of wonder and discovery, encountering a world brimming with new activities and experiences. This new beginning promises rich and diverse learning opportunities through experiential learning. We are pleased to introduce our first planner of this session, titled "In Touch" for the months of April and May. This planner will be sent monthly to provide you with insights into our curriculum, enriched with engaging activities, thoughtfully aligned with the guidelines of the National Education Policy 2020 for Early Years Education. Our approach embraces innovative teaching methods and is in sync with the objectives of the NIPUN BHARAT mission, which focuses on three key developmental goals for preschool education in India:

Goal 1: Promoting children's good health and well-being.

Goal 2: Helping children become effective communicators.

Goal 3: Encouraging children to become active learners who connect with their surroundings.

These goals are seamlessly integrated into our curriculum to ensure holistic development and to instil essential life skills, values, ethics, and character at every developmental stage.

Rooted in the philosophy of holistic development, we incorporate the five koshas—Annamaya Kosha (Physical), Pranamaya Kosha (Energy), Manomaya Kosha (Mind), Vijnanamaya Kosha (Wisdom), and Anandamaya Kosha (Bliss)—to nurture every aspect of a child's growth. These are through the following domains

- ◆ Language and Literacy – Encouraging self-expression through storytelling, journaling, and affirmations.
- ◆ Cognitive Development – Fostering problem-solving skills, critical thinking, and curiosity-driven learning.
- ◆ Physical Development – Enhancing strength, coordination, and well-being through movement and mindfulness activities.
- ◆ Aesthetic and Cultural Development – Cultivating creativity, appreciation for diversity, and artistic expression.
- ◆ Social-Emotional and Ethical Development – Building confidence, resilience, empathy, and gratitude.

LEARNING AT A GLANCE APRIL-MAY

At DPS Surajkund, we believe that children learn best when knowledge is interconnected and meaningful to children. For the months of April and May, our '**Marvellous Me**' planner is centred on self-discovery, self-love, and continuous self-improvement. Designed to foster self-awareness and a positive mindset, 'Marvellous Me' theme helps children appreciate their uniqueness while embracing growth. Through daily reflections, affirmations, and goal-setting, they will celebrate achievements and cultivate gratitude, making each day a step towards a "better me."

To ensure a smooth transition into their new class and an enriched curriculum, children will participate in a Bridge Course. This program will revisit and reinforce previous learning, providing a strong foundation for the exciting challenges ahead. Through engaging activities and thoughtful recapitulation, students will confidently step into their new academic journey.





LANGUAGE AND LITERACY DEVELOPMENT

Emergent Literacy English (Language 1)

Phonetic sounds

- Recapitulation of /s/, /a/, /t/, /i/, /p/, /n/ with added vocabulary

Pre-writing skills

- Recapitulation of the Standing line and the sleeping line

Reading

- Blending of two letter words

Reading List 1- sa, pa, pi, ni, ti

Rhymes

- Here We Go Round the Mulberry Bush
- Skinnamarinky Dinky Dink
- You Are My Sunshine

Emergent Literacy Hindi (Language 2)

Language Development:

- सामान्य संचार

Rhymes:

- सूरज निकला हुआ सवेरा





COGNITIVE DEVELOPMENT (Vijnanamaya Kosha)

Logical and Mathematical Development:

Pre-number Concepts

(Recapitulation)

- Big/Small
- Tall/Short
- Up/Down
- Thick/Thin
- Near/Far

Introduction:

- Bigger/smaller
- Taller/shorter

Number Sense

- Quantification (1-5)
- Recognition (1-5)
- Sequencing (1-5)
- Join the dots (1-5)
- Unstructured Counting up to 10
- Subitising 1 and 2 quantity

Shape and Spatial Sense

Shapes:

(Circle, Triangle, Square, Heart, Star, Rectangle)

- **Identification**
- **Application in Real Life:**
- **Creating Objects with Shapes**
- **Drawing of Shapes using Objects**

Naturalistic Learning: Worlds of Learning

Introduction to "I Am Special"

- Self-Identity and My Name
- My Birthday and Age

My Feelings and Emotions

- Identifying Different Emotions
- Expressing My Feelings
- Manage My Feelings

My Talents and Interests

- What I Like to Do
- My Favourite Hobby

My School and Friends

- Who Are My Friends?
- My Teacher and My Classroom

Celebrating Summer Season

- Summer Craft Fun





SOCIO-EMOTIONAL AND ETHICAL DEVELOPMENT (Manomaya Kosha)

Life Skills

- Learning to say their name, age, and personal details.
- Recognizing and naming basic emotions.
- Making friends and learning to share and take turns.
- Practicing basic self-care like washing hands and tidying up.
- Table Manners

PHYSICAL DEVELOPMENT (Anamaya and Pranamaya Kosha)

Bodily-Kinesthetic Skill Building

Fun Games:

Skills/Activities based on:

- Personal Space
- Musical Warm Up
- Starting and Stopping
- Tempo Learning

Locomotor and non-locomotor skills

- Running
- Jumping
- Galloping
- Hopping





AESTHETIC AND CULTURAL DEVELOPMENT (Anandmaya Kosha)

PERFORMING ARTS

Music and Movement

- Special Me !
- Boom Chicka Boom
- Shake and Move



VISUAL ARTS

Artistic Learning

- Exploring Colour & Shapes
- Primary Colours
- Leaf Printing & Tree Painting
- Drawing of Shapes (Dots and Patterns)

Craft-Making

- Earth-day
- Baisakhi
- Mother's Day
- Paper Monster

Pottery

- Shapes, Pinch Pot, Coil method Pottery, Jewellery, Sun and Cloud.





CELEBRATIONS: MARK YOUR CALENDAR

Celebrations bring excitement and joy to life while fostering essential social and emotional skills in children. Festivals serve as a gateway to India's rich cultural heritage, helping young minds appreciate diversity, develop empathy, and embrace global citizenship. As we embark on this festive journey, we invite you to mark your calendars and join us in making this month's celebrations meaningful and memorable for our young Dipsites!

11th April, 2025
Baisakhi Celebration

22nd April, 2025
Earth Day

1st May, 2025
Labour's Day Celebration

10th May, 2025
Mother's Day Celebration

"Engaging Activities for the Month: Themed Learning Adventures"

"Interactive games, hands-on craft activities, and outdoor adventures will provide children with a deeper understanding of the essential roles these individuals play in our community. By fostering empathy, teamwork, and a sense of social responsibility, we aim to create an enriching and joyful learning experience while preparing them for life."

24th April, 2025
"All About Me Poster"

5th May, 2025
Circle Time
Activity-"Emotion Face
Puppets"

19th May, 2025
Sand Play Fun:
"Emoti-Explorers!"





VOCABULARY ENRICHMENT

To enrich children's vocabulary, the following words will be seamlessly integrated into our daily conversations, making learning natural, engaging, and meaningful.

Me, name, age, boy, girl, baby, child, big, small, happy, sad, angry, excited, scared, surprised, love, smile, cry, feelings, play, draw, dance, sing, run, jump, toys, games, friend, family, teacher, school, class, bag, book, pencil, crayon, glue, paper, share, help, kind, special, sun, hot, warm, bright, sunshine, ice cream, watermelon, mango, lemonade, happy, sunny, breezy, cool and fun

Listening Skills

Stories for The Month

- "I Like Myself!" by Karen Beaumont
- "The Colour Monster" by Anna Llenas
- "The Way I Feel" by Janan Cain

At DPSSK, our curriculum is thoughtfully designed to provide experiential learning through STEAM (Science, Technology, Engineering, Arts, and Mathematics) activities, seamlessly aligned with the National Curriculum Framework 2022. Moving forward, we remain committed to fostering holistic skill development across multiple domains outlined in the framework, ensuring that learning is engaging, meaningful, and deeply integrated through hands-on STEAM-based experiences.

What could STEM look like for our youngest learners?

- **Science** – Observing nature through nature walks, engaging in simple experiments like color mixing and sink or float, exploring cooking activities, and learning about pets and their care.
- **Technology** – Enhancing fine motor skills and practical understanding by using scissors, utensils, coloring and drawing tools, and exploring how different objects and tools help us in daily life.
- **Engineering** – Encouraging building, problem-solving, and design thinking by taking apart and reconstructing boxes, drawing and following a design plan, and creating structures using a variety of blocks and materials.
- **Mathematics** – Developing mathematical thinking by counting objects, matching clothes, identifying shapes in food (e.g., sandwiches), using positional words, sorting a variety of objects, and comparing different items to recognize patterns and relationships.





STEAM Based Activities for the Month:

- **My Growing Hands** – Helps children understand measurement, comparison, and body awareness.
- **Emotion Bottles** – Helps children recognize, express, and regulate emotions through visual observation.
- **Build a Body Puzzle** – Helps children learn about body parts and spatial arrangement.

Rhymes for the Month

Here We Go Round the Mulberry Bush

Here we go round the mulberry bush,
The mulberry bush, the mulberry bush,
Here we go round the mulberry bush,
So early in the morning.
This is the way we wash our face,
Wash our face, wash our face,
This is the way we wash our face,
So early in the morning.





Skinnamarinky Dinky Dink

Skinnamarinky dinky dink,
Skinnamarinky doo,
I love you!
Skinnamarinky dinky dink,
Skinnamarinky doo,
I love you!
I love you in the morning
And in the afternoon,
I love you in the evening
And underneath the moon.
Oh, Skinnamarinky dinky dink,
Skinnamarinky doo,
I love you!

You Are My Sunshine

You are my sunshine, my only sunshine,
You make me happy when skies are gray.
You'll never know, dear, how much I love
you,
Please don't take my sunshine away.

Happy Learning!

Regards

Headmistress
DPS Surajkund

