



IN TOUCH

SESSION: 2025-26

Class: Balvatika III

Month: April -May '25

Theme of the Month: 'Being Me is Special!'

Dear Parents,

Our little Dipsites have embarked on a captivating journey of wonder and discovery, encountering a world brimming with new activities and experiences. This new beginning promises rich and diverse learning opportunities through experiential learning. We are pleased to introduce our first planner of this session, titled **"In-Touch"** for April and May. This planner will be sent monthly to provide you with insights into our curriculum, enriched with engaging activities, thoughtfully aligned with the guidelines of the National Education Policy 2020 for Early Years Education. Our approach embraces innovative teaching methods and is in sync with the objectives of the NIPUN BHARAT mission, which focuses on three key developmental goals for preschool education in India:

Goal 1: Promoting children's good health and well-being.

Goal 2: Helping children become effective communicators.

Goal 3: Encouraging children to become active learners who connect with their surroundings.

These goals are seamlessly integrated into our curriculum to ensure holistic development and to instil essential life skills, values, ethics, and character at every developmental stage.

Rooted in the philosophy of holistic development, we incorporate the five koshas—Annamaya Kosha (Physical), Pranamaya Kosha (Energy), Manomaya Kosha (Mind), Vijñanamaya Kosha (Wisdom), and Anandamaya Kosha (Bliss)—to nurture every aspect of a child's growth.

Our curriculum is thoughtfully designed to reflect this philosophy through the following developmental domains:

- **Language and Literacy** – Promoting self-expression and communication through storytelling, journaling, and positive affirmations.
- **Cognitive Development** – Encouraging curiosity, critical thinking, and problem-solving through engaging, inquiry-based learning experiences.
- **Physical Development** – Supporting physical health, coordination, and self-awareness through structured movement and mindfulness practices.
- **Aesthetic and Cultural Development** – Fostering creativity, imagination, and an appreciation for cultural diversity through the visual and performing arts.
- **Social-Emotional and Ethical Development** – Instilling values of empathy, resilience, gratitude, and confidence to help children grow into compassionate and responsible individuals focussing on our heritage.

By embracing this integrative approach, we strive to cultivate well-rounded learners who are not only academically capable but also emotionally balanced, physically active, and socially aware.





LEARNING AT A GLANCE- APRIL- MAY

Every child is unique, with their own way of thinking, understanding, and learning. At DPS Surajkund, we celebrate these differences and tailor our teaching to accommodate each child's individual learning style. By focusing on how each child learns best, we help them reach their fullest potential in both understanding and performance.

As we begin this exciting new academic year, we're thrilled to introduce a special program called 'Bridge The Gap.' The goal of this program is to make the transition into the next academic session smooth and enjoyable for our little learners. We'll be revisiting key concepts from Class Nursery through hands-on, STEAM-based activities that engage the children and spark their curiosity.

What makes this program even more special is our use of the Jaadui Pitaara—a magical mix of fun, context-driven learning experiences that captivate our young minds. We believe these interactive activities not only help reinforce what they've already learned but also allow them to experience learning in new and exciting ways.

We look forward to supporting our students as they continue to grow, learn, and thrive with us. Let's work together to make this journey a joyful one!





LANGUAGE AND LITERACY DEVELOPMENT

Emergent Literacy English (Language 1)

Recapitulation

- a-z sounds
- CVC words
- Sight words
- Beginning Sound
- Read Aloud

New Learning:

- Ending sound
- Middle sound
- Letter names A-Z
- Aa-Zz writing in sequence
- Reading simple sentences with CVC words.

Sight Words- 'I', 'my', 'the', 'is', 'a'

Poems:

- Dear Earth
- I Can

Speaking:

- About Myself

Skills:

- Recall
- Blending
- Reading
- Listening
- Writing

Emergent Literacy Hindi (Language 2)

नई सीख:

- व्यंजन परिचय - न, ग, म, भ, व, ब
- पठित व्यंजनों से दो अक्षर के शब्द बनाना

गतिविधियाँ:

- इन्द्रधनुष लेखन
- व्यंजन ढूँढो खेल
- व्यंजन के लिए चित्र बनाना

कविता:

- प्यारी प्यारी मेरी माँ

कौशल:

- पढ़ना
- लिखना
- व्यंजनों का मिलान
- चित्र व शब्द ज्ञान





COGNITIVE DEVELOPMENT (Vijnanamaya Kosha)

Logical and Mathematical Development:

Recapitulation

- Reading & writing numbers upto 10
- In and Out
- Same and different (Different objects)
- Long and Short

Introduction to concepts

Pre-Number Concepts:

Comparison

- Big, Bigger, Biggest
- Small, Smaller, Smallest
- Long, longer, longest

Number Sense-

- Structured Counting upto 10 (gin ladi)
- Write 1 to 10 in a sequence
- Number to quantity association 1-10
- Count-on 1 to 10
- More and less
- Comparing using mathematical vocabulary
- Comparison using mathematical signs $>$, $<$ and $=$

Skills:

- Identification
- Quantification
- Sequencing
- One-on-one correspondence
- Formations
- Count on
- Comparison

Naturalistic Learning: Worlds of Learning

Introduction to "I Am Special"

- Self-Identity
- My Birthday and Age

My Feelings and Emotions

- Identifying Different Emotions
- Expressing My Feelings
- What makes me happy, sad, excited and angry
- How do I manage my feelings

My Talents and Interests

- What I Like to Do
- My Favourite Hobby

My School and Friends

- Who Are My Friends?
- My Teacher and My Classroom
- Classroom Rules
- School Rules

Celebrating Summer Season

- Summer Craft Fun
- Summer Do's and Don'ts

Celebrations and Discussion

- Baisakhi
- Healthy Eating Habits





SOCIO-EMOTIONAL AND ETHICAL DEVELOPMENT (Manomaya Kosha)

At the start of the school year, creating a warm and welcoming environment is crucial to helping our young learners develop social-emotional and ethical skills through engaging activities.

- All About Me Circle Time
- Pass the Smile Game
- Greeting Everyone
- Taking care of our own belongings
- Building friendships

PHYSICAL DEVELOPMENT (Anamaya and Pranamaya Kosha)

Bodily-Kinesthetic

Skills, Knowledge, and Understanding

ATHLETICS-

- Start (Track event)
- Start running events
- Different start
- How to take a start
- Short distance run strides
- Jump (Field event)
- Standing broad jump Stance, take off, Landing

Javelin throw technique

- Stance
- Grip
- Carry
- Arm extend back
- Opposite leg forward
- Release
- Practice

Pranayam

Encouraging eating healthy food





AESTHETIC AND CULTURAL DEVELOPMENT (Anandmaya Kosha)

PERFORMING ARTS

Music

- I like being me
- I love me

Dance

- Free Style Dance

Theatre

- Animal Walk
- Role Play
- Talk to me

VISUAL ARTS

Artistic Learning

Introduction to Art & Colours

- Freehand drawing & Doodle art
- Mixing of Primary Colours
- Earth Day Painting

Nature Inspired Art

- How to draw still life
- Nature Study
- Collaborative collage by Alma Thomas artist
- Mother's Day loving card

Pottery:

- Introduction to clay
- Pinch pot
- Tree making
- Leaf impressions on clay





CELEBRATIONS: MARK YOUR CALENDAR

Celebrations not only bring excitement to life but also cultivate positive social and emotional skills in children. Festivals introduce children to India's diverse cultural heritage, fostering acceptance of diversity and nurturing global citizenship. Please reserve your calendar for this month's festivities.

April 11, 2025
Baisakhi Celebration

April 22, 2025
Earth Day
Celebrations

May 1, 2025
A Big Thank You, Helpers
Labour Day Celebrations

May 10 , 2025
Mother's Day
Celebrations





Activities

Engaging in activities such as public speaking, artistic exploration through colouring, drawing competitions, and festival celebrations is essential for kindergartners' development. These experiences cultivate self-confidence and enhance communication skills while fostering creativity and self-expression. They also promote social interaction, helping children appreciate cultural diversity and develop empathy. Overall, these activities contribute to a vibrant learning environment that supports holistic growth and emotional well-being.

April 29, 2025
Dance Day

April 15-22, 2025
Earth Day Week
'Every day is Earth day' taking
small steps to big change in our
daily routine.

May, 23 2025
Let's Know each
other (Talking about Myself)
(Prepared Speech)

VOCABULARY ENRICHMENT

In order to develop the lexicon, the below mentioned words will be introduced during our everyday conversation.

big, bigger, biggest, small, smaller, smallest, special, labour, myself, freeze, personal, angle, pace, volley, strike, belongings, grip, station, courtesy etc.

Listening Skills

Stories for The Month

All People are Beautiful by Vincent Kelly
The Story of Two Pots





At DPSSK, our curriculum is designed to deliver experiential learning through STEAM (Science, Technology, Engineering, Arts, and Mathematics) activities aligned with the National Curriculum Framework 2022. As we move forward, we continue to prioritize the development of skills across various domains specified in the Framework through integrated STEAM activities.

STEAM

STEAM-Based Activities for The Month: -

1. Melting Magic- Ice vs. Sun

In this activity, children will explore how the summer sun causes ice to melt, introducing them to basic scientific concepts like heat, temperature, and states of matter in child friendly manner. Through hands-on activities, students will observe change, make predictions, and test how different environments affect how fast ice melts. It's a cool way to explore summer using science, math, creativity, and problem-solving!

Key Learning Outcomes:

- ◆ **Science:** Children will observe how heat from the sun changes ice from solid to liquid, helping them understand temperature, melting, and the effects of sunlight.
- ◆ **Art & Creativity:** Kids will draw their observations and use creative thinking to imagine and illustrate what happens when ice melts in different places.
- ◆ **Observation & Inquiry:** This experiment encourages children to make predictions, observe changes over time, and compare results between sun, shade, and indoors.
- ◆ **Math Skills:** Children will use timers, count minutes, and compare melting times — building foundational math and data collection skills.
- ◆ **Engineering & Problem-Solving:** When challenged to melt ice faster (like to “rescue” a toy frozen in ice), kids will test methods like using warm water, salt, or tools.
- ◆ **Language Development:** By describing the melting process, children will use and learn vocabulary such as “melt,” “heat,” “solid,” “liquid,” “sunlight,” and “shade.”
- ◆ **Seasonal Awareness:** This activity ties directly to the summer season, helping kids connect weather and temperature to real-world effects.





2. Dancing Corn Experiment – STEAM Exploration

This fun and interactive activity introduces children to the concept of chemical reactions in an exciting and visual way.

Key Learning Outcomes:

- ◆ **Science:** Children will observe how baking soda and vinegar create a reaction that produces carbon dioxide gas, causing the corn kernels to "dance" up and down in the water.
- ◆ **Observation & Inquiry:** Encourages curiosity as children predict what will happen and describe their observations using words like "bubble," "rise," and "sink."
- ◆ **Cause and Effect:** Helps children understand how combining different substances can create a reaction and change movement.
- ◆ **Sensory Exploration:** Watching the corn kernels move in unpredictable patterns adds an element of surprise and excitement to the learning experience.
- ◆ **Patience & Focus:** Children will practice watching and waiting as the reaction unfolds, improving their attention to detail.

This experiment makes science fun, engaging, and full of wonder as children see everyday materials come to life!





Rhyme of the Month (Hindi)

प्यारी प्यारी मेरी माँ, सारे जग से न्यारी माँ
लोरी रोज सुनाती है, थपकी दे सुलाती है

जब उतरे आगन में धुप, प्यार से मुझे जगाती है
देती चीजे सारी माँ, प्यारी प्यारी मेरी माँ

ऊँगली पकड़ चलाती है, सुबह-शाम घुमाती है
ममता भरे हुए हाथों से, खाना रोज खिलाती है

देवी जैसी मेरी माँ, सारी जग से न्यारी माँ
प्यारी प्यारी मेरी माँ, प्यारी प्यारी मेरी माँ

Rhyme of the Month (English)

Dear Earth

Good morning dear earth,
Good morning dear sun,
Good morning to the trees,
and the flowers everyone.
Good morning dear bees,
and the birds on the trees,
Good morning to you and
good morning to me..

I Can

I can jump, I can run -2
I am having lots of fun .
I can dance, I can skip-2
I am having lots of fun.
I can eat, I can drink -2
I am having lots of fun .
I can turn around
I can turn around.

Happy learning!

Regards

Headmistress
DPS Surajkund

