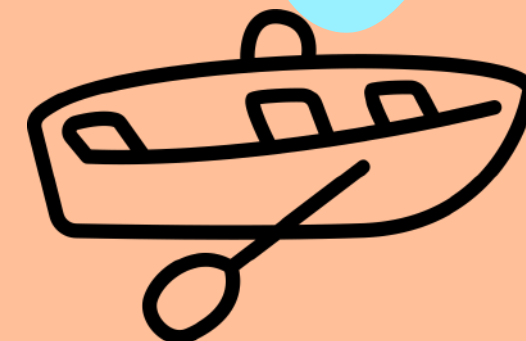




**December –Healthy me, Happy
me!**

**January – Wheels, Wings &
Waves**

Virtue of the Month: I am Creative and I Share



Class: Montessori
Month: December – January
Session: 2025–2026

Learning At Glance

Dear Parents,

Welcome to In-Touch, our monthly newsletter that brings you closer to your little one's fun-filled world of giggles, play, and learning!

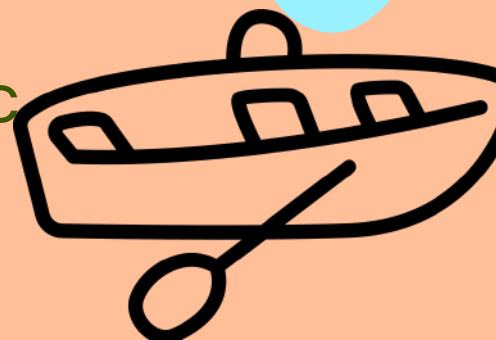
This month, our tiny explorers are all set to zoom, sail, and fly into the exciting theme of Vehicles. Together, we will discover how different vehicles help people and things move from one place to another.

They will also explore healthy and unhealthy food and learn eating etiquette.

Through joyful hands-on activities, messy sensory play, pretend-play adventures, colourful crafts, and lively stories, children will learn about the three kinds of transport—Land, Water, and Air. They will have fun exploring cars, buses, bicycles, trains, boats, ships, aeroplanes, and even helicopters!

We will also begin discussing simple safety rules—such as stopping at a red light and holding an adult's hand while walking. Children will meet friendly community helpers, such as drivers and conductors, who help us travel safely.

All these playful experiences will help our little learners observe, explore, and make real-life connections in the most joyful ways. Alongside the theme, they will continue enjoying phonics, sound games and fun learning moments throughout the month.



Language & Literacy Development

During the themes Transport and Healthy Food, our toddlers will build their language skills through rich and playful experiences woven into daily routines. Children will learn new words related to vehicles, such as car, bus, train, and airplane, and actions such as go, stop, fly, drive, and sail. Through songs, picture cards, role play with toy vehicles, and storytelling, they will practise naming vehicles and using simple two-word sentences. As we explore Healthy Food, children will develop vocabulary related to fruits, vegetables, colours, tastes, and mealtime routines. They will participate in conversations during snack time, sort food items, listen to food-themed rhymes, and identify foods that help us grow strong. Throughout both themes, toddlers will be encouraged to express choices, repeat new words, answer simple questions, and engage in meaningful interactions, supporting the development of early speech, listening, and understanding skills naturally and joyfully.

Picture Talk:

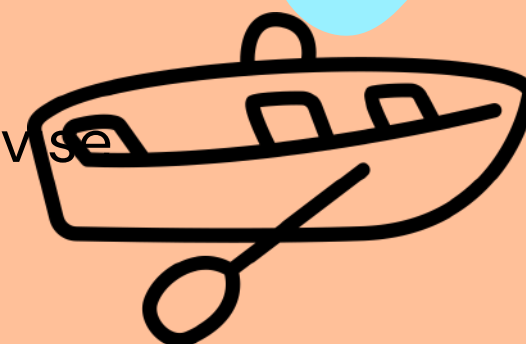
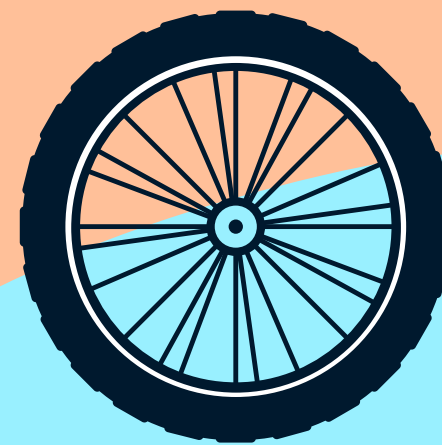
- Traffic Scene
- Differentiating between healthy and unhealthy food

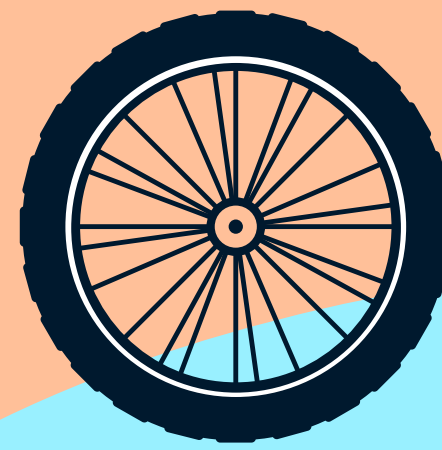
How do you travel from one place to another?

- How did they come to school?

Introduction to Phonics (December–January):

• In December and January, children will be introduced to the sounds of the letters i, n and they will revise the previous sounds also. They will learn vocabulary words that begin with these sounds through fun, interactive activities and games.





Language & Literacy Development

Emergent Literacy Hindi (Language 2)

To develop the lexicon, the following words will be introduced during our everyday conversation.

car, bus, van, jeep, truck, train, metro, bicycle, scooter, aeroplane, helicopter, boat, submarine, bridge, road, railway station, airport, traffic light, signal, stop, slow, seat belt, driver, pilot, sailor, travel,

हिन्दी शब्दावली (परिवहन संबंधित):

कार, बस, ट्रेन, मेट्रो, नाव, जहाज, हवाई जहाज, सड़क, पुल, पायलट, ड्राइवर, सिग्नल, स्टॉप, चलो

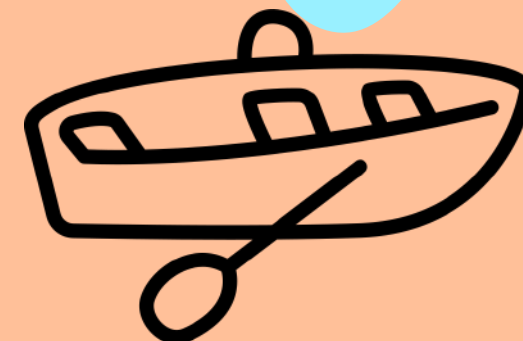
Vocabulary Enrichment (Festival-related):

Sound /i/ words-

- igloo, insect, ink, inch, ice, iron
- Transport-related words: inside (seat belt अंदर), in the bus, in the car

Sound /n/ words-

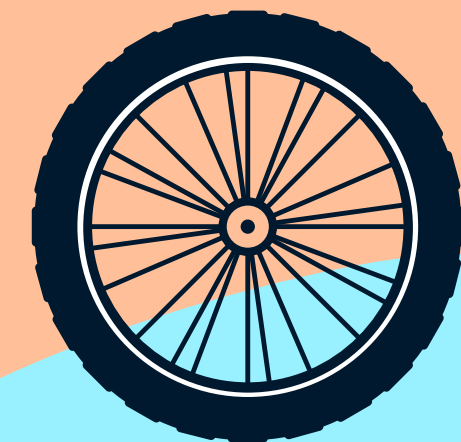
- net, nose, nap, nail, nest, nine
- Transport-related words: van, train, engine, horn, signal, run (run to catch the bus)





Cognitive Development

Naturalistic Learning: Worlds of Learning



Numbers & Shapes / Early Math

- Patterning: Colour Pattern (ABAB) & Shape Pattern (ABAB)
- Measurement: Full & Empty
- Shape of the Month: Heart
- Sorting by colour, size, type

Hands-on Learning

- Creating patterns using blocks, beads, toys
- Exploring full & empty with sand/water play
- Heart shape tracing & paper craft
- Flashcards, visual & sound patterns

Matching: objects, pictures & halves

- Subitizing using dice & dot cards

Being Healthy & Hygiene habits:

- Eating healthy, & hygiene habits
- Fruits & Vegetables
- Why do we eat fruits & vegetables?
- Junk Food/Unhealthy Good
- • Good Touch/Bad Touch
- • Safe & Unsafe Strangers

Transports:

- What are transports?
- Different types of Transport (land, air, water)

Names of different transports

- Land Transport (car, bus, bike, truck, , auto rikshaw,)
- Air Transport (aeroplane, helicopter, hot air balloon)

Water Transport (ship, boat, yacht)





Aesthetic & Cultural Development (Artistic Learning)

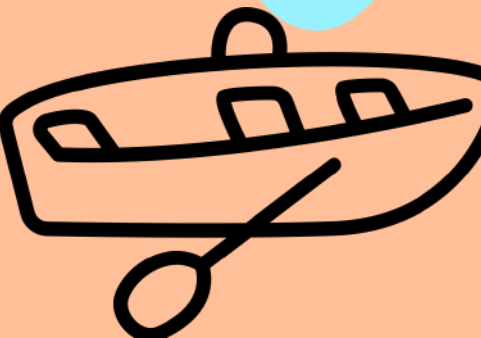
PERFORMING ARTS

MUSICAL LEARNING

- Healthy Me, Happy Me
- Transportation song

Theatre (To be Continued)

- Expression
- Dramatic Movements





Aesthetic & Cultural Development (Artistic Learning)

VISUAL ARTS

ART

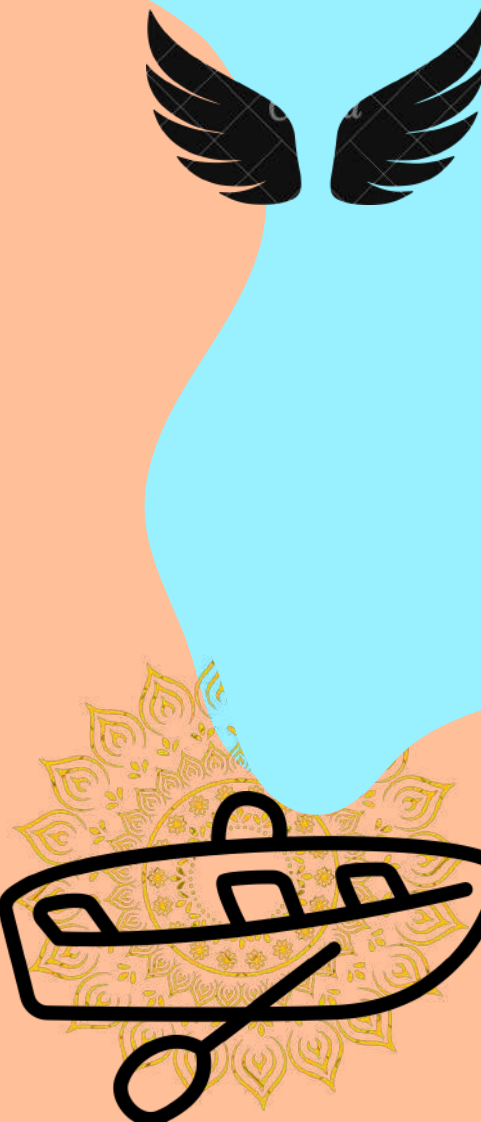
- Fruit Making with Circle shape
- Artist – Cloud Monet

CRAFT

- Transport Craft
- Christmas Card
- Tri – colour Paper Jet

POTTERY

- Star Shape
- Land Transport – Car





Socio-Emotional & Ethical Development



Children will explore feelings and social interactions through transport-themed activities.

Role Play

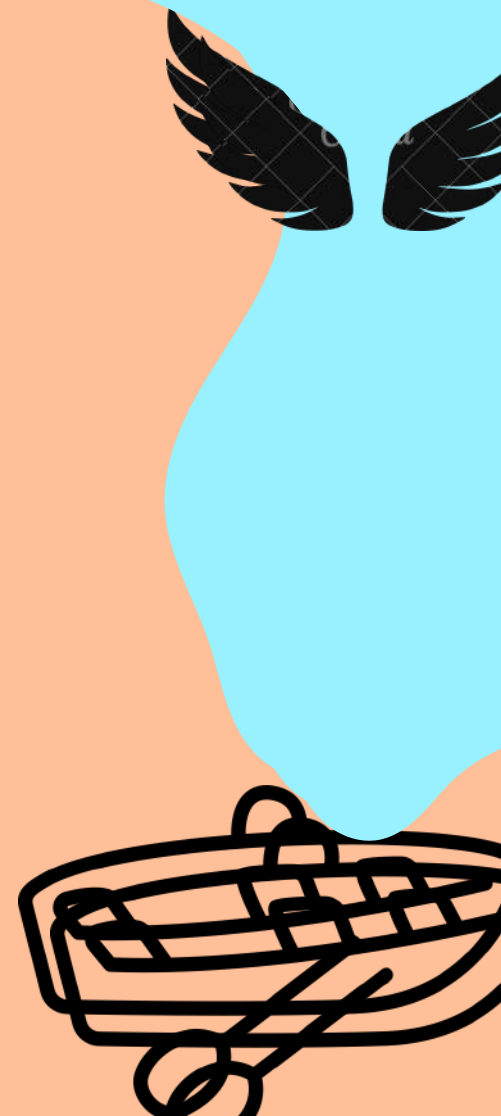
- Pretend to be drivers, pilots, sailors, and traffic police.
- Act out helping others while traveling, showing care and patience.

Feeling Faces

- Express feelings of excitement and joy when going on trips or rides.
- Identify feelings like excited, happiness, related to traveling (e.g., flight take-off, boat ride, bus ride).

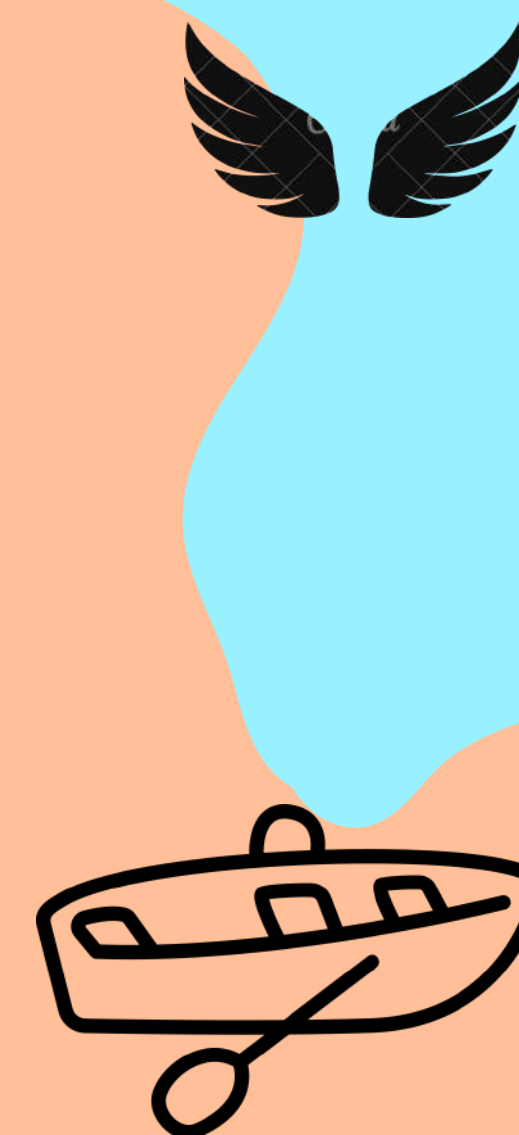
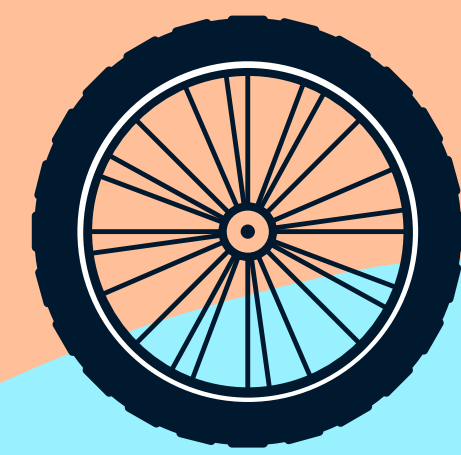
Value Building

- Learn safety rules—waiting for your turn, wearing a seat belt, crossing at zebra crossings.
- Encourage helping behaviours like offering seat to others, holding hands while crossing, and keeping the environment clean during travel.



Celebrations and Activities of the Month

Event	Date
Happy Hearts Outdoor Fun- Picnic	December 11, 2025
Math Day	December 22, 2025
Coffee Morning	December 20, 2025
Special Assembly	December 24, 2025
Iohri Celebration	January 13, 2025
Republic Day & Vasant Panchmi Celebration	January 23, 2026





STEAM



S (Science)

- Sound Testing: Listen to and identify different vehicle sounds (car horn, whistle, airplane, ship horn).
- Story Time: Learn about how vehicles help people travel and deliver goods.

T (Technology)

- Photo Matching: Match pictures of vehicles to where they travel (land, water, air).
- Digital Learning: Watch short animated clips on how vehicles move using wheels, wings, and engines.

E (Engineering)

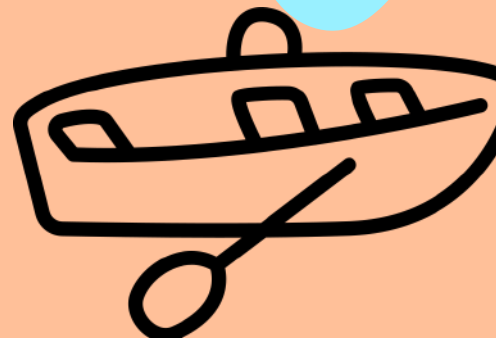
- Build a City Road/Track: Use blocks to create roads, bridges, and rail tracks.
- Make a Ramp: Experiment by rolling cars down ramps and observing speed.

A (Art)

- Clay Modeling: Make wheels, vehicles, or roads using clay.

M (Math)

- Counting: Count wheels, vehicles, or passengers.
- Color Sorting: Sort vehicles by color (red car, blue bus, yellow taxi).
- Big/Small: Compare sizes of vehicles (car vs. bus, boat vs. ship).



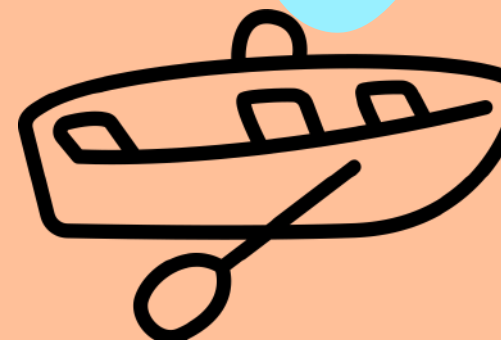
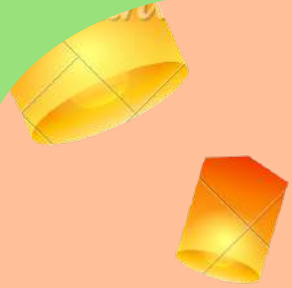
Fine & Gross Motor Development

Gross Motor Skills

- Balloon Paper Race.
 - Team Tower and Bulldozers
 - Cooking Monster
 - Ball Passing
 - Chain Chain (Saanp siddhi Style)
- Skills Developed:*
- Balance Control
 - Teamwork , Coordination Focus
 - Running , Listening
 - Hand – Eye Coordination

Fine motor skill

- * Hand–Eye Coordination
- * Bilateral Hand Coordination (using both hands together)
- * Wrist & Finger Movement Control
- * Precision & Accuracy
- * Pincer Grip Development
- * Visual Tracking & Focus
- * Improves Control for Writing, Cutting & Coloring

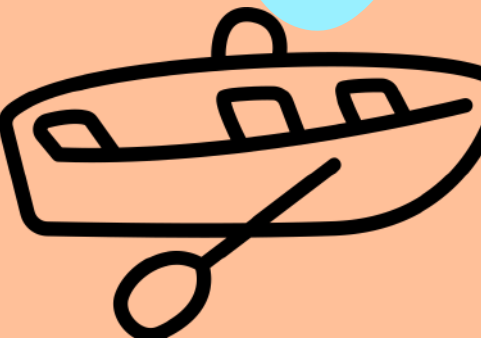


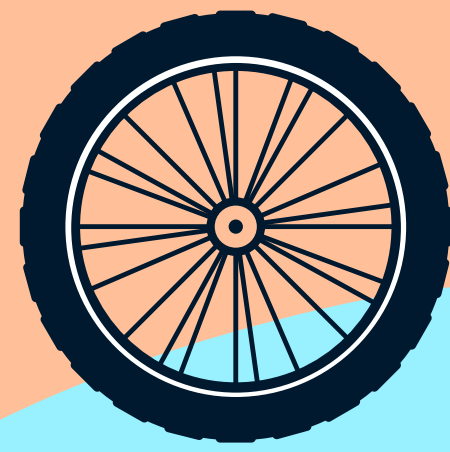


Circle Time

Shake, shake, shake your jingle bells,
Shake, shake, shake just like elves,
Shake, shake, shake and don't you
stop,

'Cause when Santa says FREEZE! —
you FREEZE on the spot!
FREEZE!





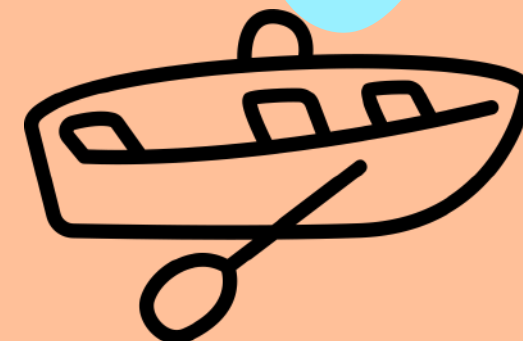
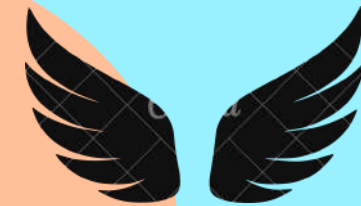
Energiser

Walking Walking

**Walking, walking,
Walking, walking,**

Hop, hop, hop, hop, hop!

**Running, running, running, running,
Now we STOP!**





Rhyme Time



Wheels on the Bus

The wheels on the bus go round and round

Round and round, round and round

The wheels on the bus go round and round

All through the town

The wipers on the bus goes swish swish swish

swish swish swish, swish swish swish
The wiper on the bus goes swish swish
swish

All through the town.

The horn on the bus goes beep beep beepbeep beep beep, beep beep

beep

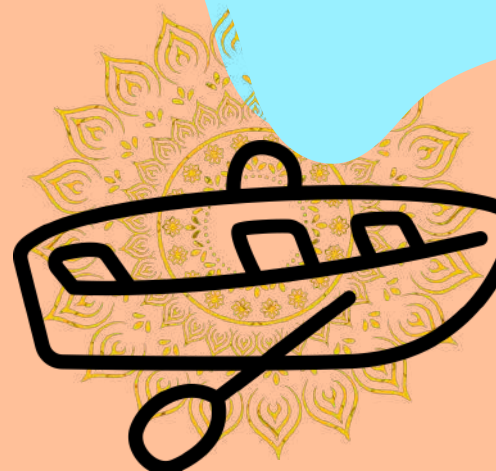
The horn on the bus goes beep beep beepAll through the town

The babies on the bus goes sh,sh,sh

Sh,sh,sh

The babies on the bus goes sh,sh,sh

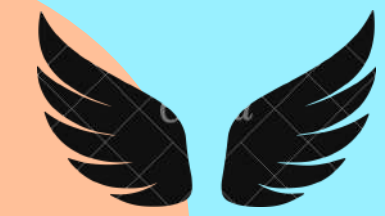
All through the town.





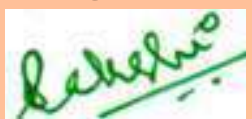
बंदर मामा
बंदर मामा, पहन पजामा,
दावत खाने आए हो।
ठीला कुर्ता, टोपी, जूता,
पहने बहुत इतराए हो ।

आज सोमवार है
आज सोमवार है,
चूहे को बुखार है।
चूहा गया डॉक्टर के पास,
डॉक्टर ने लगाई सुई,
चूहा बोला उई उई उई



Happy learning!

Regards



Headmistress
DPS Surajkund

