

# IN TOUCH

SESSION: 2025-26



**Class: Balvatika I**

**Month: December - January**

**Theme of the Months:  
December - Christmas & Winter Season'  
January - 'Transport'**

Dear Parents,

Welcome to the latest edition of our school newsletter!

We are delighted to share with you the exciting learning journey planned for the months of December and January. These months will be full of learning with fun, joy, and meaningful experiences for our little Dipsites.

This month, they will explore the wonder of Christmas through the lens of transportation! We will learn about travel, vehicles, and the joy of the festive season through fun activities. From Santa's sleigh gliding through snowy skies to holiday trains delivering presents, children will discover how transportation plays a key role in the joy of Christmas.

In alignment with the National Education Policy (2020) and the National Curriculum Framework (2022), the theme is carefully designed to foster holistic development across five key domains, inspired by the koshas shared with you in the previous planner:

- ◆ Language and Literacy
- ◆ Cognitive Development
- ◆ Physical Well-being
- ◆ Aesthetic and Cultural Expression
- ◆ Social-Emotional and Ethical Growth

The children will take part in fun and meaningful activities like circle time conversations, dramatizations, music and movement, and art activities. These activities will not only build vocabulary and confidence but also nurture creativity, empathy, and social skills.

To make learning fun, we request parents to talk with children about festivals and transport at home too, and take them to learning spaces like museums and parks.

Our collective goal is to make them happy learners and responsible citizens.





## LANGUAGE AND LITERACY DEVELOPMENT

### Emergent Literacy English (Language 1)

#### **Phonic Sounds-**

- Recapitulation of previously done sounds
- Introduction of /b/, /z/, /w/, /y/ and /x/
- Vocabulary related to the sounds
- Sound Chants
- Identification of the sounds
- Opposites - wet-dry, early-late, soft-hard, sad-happy
- Action Words - Open, Close, Walk, Sleep

#### **Writing:**

Pre-writing skills  
Right curve, Left curve and Circle

#### **Rhymes**

- Mary had a little lamb
- I am a Little snowflake
- Go,Go,Go

### Emergent Literacy Hindi (Language 2)

#### **Language Development:**

- सामान्य संचार

#### **Rhymes:**

- रेलगाड़ी
- सर्दी आयी





## COGNITIVE DEVELOPMENT (Vijnanamaya Kosha)

### Logical and Mathematical

#### Development:

Recapitulation of the pre-number concepts

- Thick/Thin
- Big/Small
- Up/Down
- In/Out

#### Pattern and Algebra

- Introduction of pattern –AABB through shape and colour patterns

#### Shape -

- Recap of shapes- Circle, Square, Star, Triangle
- Introduction to Oval, Semicircle Shape
- Identification
  - Application
  - Creating objects using three shapes

#### Number Sense

Introduction of the Symbols 8, 9 & 10

- Counting Experiences 1-10
- Sequencing 1-10
- Unstructured counting upto 1-15
- Count on 1- 10
- Match the quantity with the number.

### Naturalistic Learning: Wonders of weather

- Introduction to our Transport(Land ,Air ,Water)
- Talk about winter season integrated with Christmas celebration

#### Values

Empathy & Kindness

- Be kind to Nature
- Be kind to Environment
- Spread joy by donating to those in need
- Feed the Animals and Birds.

### Lifeskills

- Helping each other
- Do not push
- Keeping our surroundings clean





## SOCIO-EMOTIONAL AND ETHICAL DEVELOPMENT (Manomaya Kosha)

- Identifying emotions
- Social Awareness of self
- Sense of responsibility

## PHYSICAL DEVELOPMENT (Anamaya and Pranamaya Kosha)

### Skills

- Balance Control
- Teamwork , Coordination , Focus
- Running , Listening
- Movement control ,Hand eye Coordination

### Catch and Throw Activities:

1. Balloon Paper Race
2. Team Tower & Bulldozers
3. Cooking Monster
4. Ball Passing
5. Chain - Chain ( Saanp - Siddhi Style)





## AESTHETIC AND CULTURAL DEVELOPMENT (Anandmaya Kosha)

### PERFORMING ARTS

#### Music and Movement

- Joy to the world  
<https://youtu.be/30OaM6b48k8?si=cxpZm35Os6vakxLL>

- Winter time is here  
<https://youtu.be/vpaBH2PbWkc?feature=shared>

- I ride on a bike  
<https://youtu.be/Ut-HbauKzDw?feature=shared>

- देश मेरे देश तेरा कितना प्यारा नाम है  
<https://youtu.be/yUT3IpLkrSo?feature=shared>

- Theatre  
Annual Production Rehearsals

### VISUAL ARTS

#### Artistic Learning

##### Art

- Snowman
- Christmas Tree
- Republic Day
- Transport

##### Craft

- Winter Tree
- Santa Face
- Lohri

##### Pottery:

- Ginger Bread man
- Boat Making





## CELEBRATIONS AND LEARNING ACTIVITIES MARK YOUR CALENDAR

December will be filled with joy, excitement, and festive cheer! Our little Dipsites will explore the themes of Christmas and New Year while learning the values of sharing, caring, and showing respect to others. Through stories, carols, and fun activities, children will experience the warmth and magic of Christmas—understanding the importance of kindness, gratitude, and togetherness. These celebrations will help them appreciate the joy that festivals bring and the happiness of spreading love and goodwill.

January

In January, children will explore the theme of transport and learn about the different types of transportation used in the modern world. They will also celebrate Lohri and Republic Day, discovering the significance behind these special occasions. As the month progresses, they will gain an understanding of India as a Republic nation and develop pride in our country's rich heritage and values.

<b>22.12.25</b>	Math Day
<b>24.12.25</b>	Christmas Special Assembly
	Army Day
<b>20.12.25</b>	Coffee Morning
<b>23.01.26</b>	Vasantpanchmi & Republic Day Celelebration



## VOCABULARY ENRICHMENT

These words will help children build a richer vocabulary and enhance their communication skills as they explore the themes of Christmas and Transport

Words to Learn:

New Year, Christmas celebration, share, responsibility, winter, snowman, reindeer, ginger breadman, snowflakes, Elf

### LISTENING SKILLS

#### Story for The Month

- The Red Hen ( December).
- Lallu aur Pillu(December).
- The Rabbit and the Lion(January).
- Amarchitra Kathayen(January).

## STEAM

At DPS Surajkund, our curriculum is designed to deliver experiential learning through STEAM (Science, Technology, Engineering, Arts, and Mathematics) activities aligned with the National Curriculum Framework 2022. As we move forward, we continue to prioritize the development of skills across various domains specified in the Framework through integrated STEAM activities.

### **STEAM-Based Activities for the Month of December - January**

**Activity 1:** Winter Wind Experiment( Blow through a straw to move a cotton ball

**Activity 3:** Bridge Building Challenge

**Engineering:** Build a small bridge strong enough for a toy car to pass.

**Activity: Balloon Powered Car**( Blow a balloon and release it to push the little car

**Science & Engineering** - Air pushes the car forward



## RHYMES FOR THE MONTHS



### Mary had a Little Lamb

Mary had a little lamb,  
Its fleece was white as snow.  
And everywhere that Mary went,  
The lamb was sure to go.  
It followed her to school one day,  
Which was against the rule.  
It made the children laugh and play,  
To see a lamb at school.

### I am a Little Snowflake

I am a Little Snowflake, Small & white  
When the moon is shining,  
I'm sparkly & bright.  
When you see me falling,  
Come out & play  
You can make a snowman with me today.

### Go,Go,Go !

We can fly in a plane  
We can ride on a train  
In a boat we will row  
We can go,go,go!  
We go near, we go far  
In a bus or a car  
We go high, we go low  
So, where should we go?

### रेलगाड़ी

धुआँ उड़ाती चली गाड़ी।  
पटरी पर ये भागी जाए,  
सबको सैर कराती जाए।  
आगे इंजन पीछे डिब्बे,  
सीटी दे और झटपट निकले।  
बच्चे बोले धप्पा-धप्प,  
मस्ती में करे धड़ाम-धड़प!  
स्टेशन आए - रुक, रुक, रुक,  
फिर से बोले - छुक-छुक-छुक!  
रेलगाड़ी मत रुक जाना,  
हमें घूमने ले जाना!

### सर्दी आई, सर्दी आई,

सर्दी आई, सर्दी आई,  
ठंडी-ठंडी हवा है लाई।  
टोपी, स्वेटर पहन के आएँ,  
स्कूल हम सब हँसते जाएँ।  
कूदें-फाँदें, खेलें-कूदें,  
सर्दी में सबको मज़ा ही आएँ!!

Happy Learning!  
Regards

*Rekha*

Headmistress  
DPS Surajkund

