



## IN TOUCH

SESSION: 2025-26

**Class:** Balvatika III

**Month:** Dec-Jan 25

**Theme of the Month:** Roots to Roars

**Virtue of the Month:** 'I AM CREATIVE'

Dear Parents,

Over the next two months – December and January – our curious learners of Balvatika III will embark on an exciting journey through the natural world with the theme “Roots to Roars.” Children will explore plants and animals around them, developing a deeper connection with nature while expressing their creativity with confidence.

### ★ Learning Highlights

#### Understanding Plants:

- Learning about creepers, climbers, herbs, shrubs, and trees, and identifying the plants around them.

#### Life Cycle Discoveries:

- Exploring the life cycle of a plant and observing how seeds grow.

#### Knowing Our Animals:

- Identifying animals and their young ones, and discovering animals found in our backyard or neighbourhood surroundings.

### ★ Competencies Being Built

#### • Cognitive Development:

Observing plant types, naming young ones of animals, recognising life cycles, and understanding natural patterns.

#### • Social-Emotional Learning:

Caring for plants, showing empathy for animals, taking responsibility in nature-related tasks, and developing patience while observing growth.

#### • Communication Skills:

Sharing observations about plants and animals, describing changes they notice, and expressing ideas confidently.

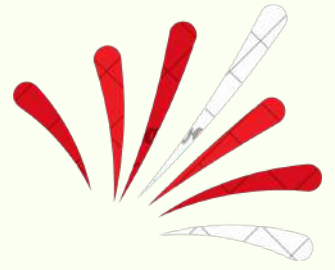
#### • Creativity & Imagination (Virtue: I Am Creative):

Designing nature-based crafts, creating imaginative stories about plants and animals, role-playing life cycles, and expressing creativity through art, music, dance, and outdoor exploration.

### 🌱 Together We Grow

As we journey through Roots to Roars, children will nurture their curiosity, creativity, and care for the environment. Let's celebrate their imaginative minds as they explore the wonders of plants and animals all around us!





## LANGUAGE AND LITERACY DEVELOPMENT

### Emergent Literacy English (Language 1).

#### **Recapitulation**

- Rhyming words
- Reading and Writing Reading simple sentences with CVC words
- Blends

#### **New Learning:**

##### Diagraphs

- Introduction of consonant digraphs 'ch' and 'sh' words (Continued)
- Introduction of This, That, These and Those.
- Opposites
- Reading simple sentences with CCVC words

#### **Sight Words-**

**go, no, so, by, they, here, saw, all**

#### **Poems:**

- Five Little Seeds

#### **Speaking:**

- My Pet

#### **Skills:**

- Recall
- Blending
- Segmenting
- Read Aloud
- Listening
- Writing

### Emergent Literacy Hindi (Language 2).

#### **पुनर्वृत्ति:**

- व्यंजन-ट, ठ, द, ठ

#### **नई सीख:**

- व्यंजन परिचय - र, स, श, ख, घ, ध
- पठित व्यंजनों से दो अक्षर के शब्द बनाना
- तीन अक्षर के शब्द

#### **गतिविधियाँ:**

- इन्द्रधनुष लेखन
- व्यंजन ढूँढो खेल
- व्यंजन के लिए चित्र बनाना

#### **कविता:**

- प्यारे फूल

#### **कौशल:**

- पढ़ना
- लिखना
- व्यंजनों का मिलान
- चित्र व शब्द ज्ञान





## COGNITIVE DEVELOPMENT (Vijnanamaya Kosha)

### Logical and Mathematical Development:

#### **Recapitulation**

- Backward Counting 10-1
- Pattern AB AB

#### **Introduction to concepts**

##### **Pre-Number Concepts:**

- **Heavy and Light (Continued)**
- **Tall Taller Tallest**

##### **Number Sense-**

- Unstructured Counting upto 50
- Structured Counting upto 20 (to be continued)
- Count on upto 20
- Number Names upto 5
- Pattern AABB
- One more upto 10
- Subitizing upto 6

##### **Number Operation:**

- Addition without carrying upto 10

##### **Skills:**

- Identification
- Quantification
- Sequencing
- One- on- one correspondence
- Formations
- Count on
- Comparison
- measuring
- Subitizing

### Naturalistic Learning: Worlds of Wonder

#### **Plants Around Us**

- Climbers
- creepers
- Parts of Plant
- Life cycle of Plants
- Recapitulation of Herbs, Shrubs, and Trees
- What we get from plants
- How do plants grow?

#### **Animals Around Us**

- Animals in our Backyard
- Animals and their young ones
- Animals and their homes
- What we get from animals
- Life cycle of Butterfly





## **SOCIO-EMOTIONAL AND ETHICAL DEVELOPMENT** **(Manomaya Kosha)**

Children will practice kindness, sharing, and respectful interactions through daily classroom activities. They will learn to identify and express their feelings while understanding personal space and boundaries. These experiences will help them build confidence, communicate effectively, and take simple responsibilities in the classroom.

- Space Bubble
- Expressing feelings

Virtue of the Month: I AM CREATIVE

## **PHYSICAL DEVELOPMENT** **(Anamaya and Pranamaya Kosha)**

### **Bodily-Kinesthetic** **Skills, Knowledge, and Understanding**

#### **Games**

- Balloon Paper Race
- Team Tower and Bulldozers
- Cookie Monster
- Ball Passing
- Chain Chain (Snake ladder style)

#### **Skill Development**

- Balance, control
- Teamwork co-ordination, Focus
- Running, Listening
- Movement Control, Hand-Eye co-ordination
- Running, Team movement co-operation
- Balance and Movement

#### **Pranayam**

- Alternate Nostril Breathing

#### **Healthy Habits**

- Try New Foods Bravely
- Limit Too Many Sweets





## **AESTHETIC AND CULTURAL DEVELOPMENT** **(Anandmaya Kosha)**

### **PERFORMING ARTS**

#### **Music**

- Plant Song
- The Animal song

#### **Dance**

- Ribbon Dance

#### **Theatre**

- Annual Production Rehearsals

### **VISUAL ARTS**

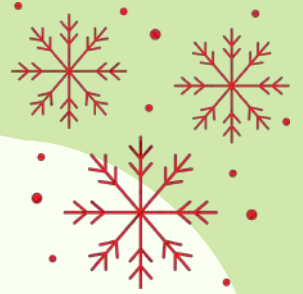
#### **Artistic Learning**

- Animal Printing
- Christmas Card
- Leave Impressions
- Tri-Colour Spinner

#### **Pottery:**

- Dear Making
- Clay Tree Model
- Animal Face Making





## **Celebrations That Spark Joy and Learning! : MARK YOUR CALENDAR**

In our school, every celebration is a chance to learn, grow, and have fun! These special days ignite curiosity, inspire creativity, and help children build important life skills. From exploring cultures to connecting with nature, each event is a joyful step in their learning journey.

<b>Date</b>	<b>Name of The Activity</b>	<b>Parent Support Required for the Activity</b>
<b>December 22,2025</b>	<b>The Wish Tree</b>	<b>No support required for the activity.</b>
<b>December 22 ,2025</b>	<b>Math Magic Station Engage, Create and Explore (Math Day)</b>	<b>No support required for the activity.</b>
<b>December 23, 2025</b>	<b>The Merry Little Decoration Tree</b>	<b>Children will be dressed up in Christmas colours attire, (Detail circular shared)</b>
<b>December 31, 2025</b>	<b>My Promise to Shine</b>	<b>No support required for the activity.</b>
<b>January 14, 2026</b>	<b>Break to Brilliance</b>	<b>No support required for the activity.</b>
<b>January 15,2026</b>	<b>Indian Army Day- Handmade Pride (Bracelet Making for Soldiers)</b>	<b>No support required for the activity.</b>
<b>January 19-23 ,2026</b>	<b>Republic Day Week</b>	<b>Children will be dressed up in different states attire. (Detail circular will be shared)</b>

## Activities

Participating in activities such as public speaking, creative expression through colouring and drawing competitions, and joyful festival celebrations plays a vital role in the holistic development of kindergartners. These experiences nurture self-confidence, strengthen communication skills, and encourage creativity and self-expression. We encourage all Dipsites to actively and wholeheartedly take part in the activities thoughtfully planned for them.

**December 26<sup>th</sup> , 2025**  
**Creature Tales**  
**Speaking Activity on My**  
**Pet**  
**(Prepared Speech)**

**January 30<sup>th</sup> , 2025**  
**The Magic of Plants**  
**(Prepared Speech)**

## VOCABULARY ENRICHMENT

To enrich vocabulary, the following words will be naturally woven into daily conversations and meaningfully reinforced through engaging activities.

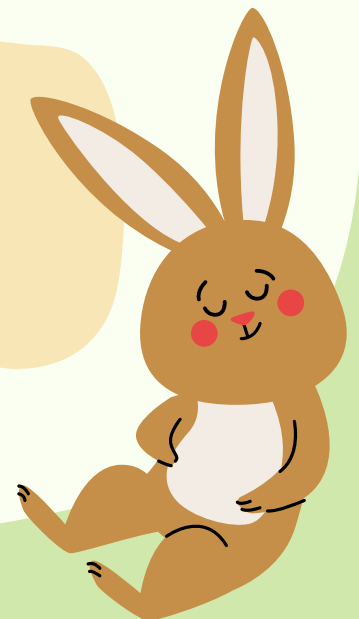
climbers, creepers, shrubs, water, sunlight, root, shoot, stem, movement, coordination, bulldozer, nostril, breathing, explode, bubbling, fizzing, foaming, etc.

### Listening Skills

#### Stories for The Month

The Hare and the Tortoise

The Little Plant



At DPSSK, our curriculum is designed to deliver experiential learning through STEAM (Science, Technology, Engineering, Arts, and Mathematics) activities aligned with the National Curriculum Framework 2022. As we move forward, we continue to prioritize the development of skills across various domains specified in the Framework through integrated STEAM activities.

## STEAM

### STEAM-Based Activities for The Month: -

#### Transportation of water in plant

- **Observation Skills**

Children will observe how leaves placed in coloured water slowly change colour.

- **Understanding of Absorption**

Children will understand that leaves can absorb coloured water, leading to a change in colour.

- **Cause and Effect**

Children will explore the idea of cause (coloured water) and effect (colour change in leaves).

- **Scientific Thinking**

Children will make simple predictions such as “What colour will the leaf turn?” and check their results.

- **Language Development**

Children will describe what they see using words like colour, change, dark, light, water, leaf.

- **Fine Motor Skills**

Children will carefully dip or place leaves in cups of coloured water, strengthening hand control.

- **Curiosity & Exploration**

Children will develop curiosity about nature and simple science through hands-on experimentation.





## **Snowman Explosion**

Exploring Reactions:

Children will observe what happens when baking soda and vinegar are mixed and how it makes the snowman “explode.”

### **Scientific Learning:**

Children will notice how two ingredients (baking soda and vinegar) change when we put them together—just like how soap changes milk. They will learn that different materials can make new reactions.

### **Cause and Effect:**

Children will understand that mixing some liquids can make bubbles, fizz, foam, and even an “explosion.” They will learn that one action can make something else happen.

### **Thinking Skills:**

Children will make simple guesses about what will happen when they put the baking-soda packet into the vinegar snowman. They will compare what they thought with what really happened.

### **Fine Motor Skills:**

Children will use their finger and hand muscles while filling the snowman bottle, wrapping baking soda in a paper towel, and setting up the experiment.

### **Language Development:**

Children will learn and use new words like fizz, foam, bubbles, pop, and explosion to talk about what they saw.

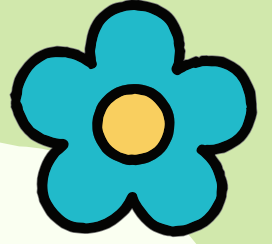
### **Curiosity and Exploration:**

Children will enjoy hands-on science and feel excited while watching the snowman “explode.”

### **Safety Skills:**

Children will learn to follow simple safety rules, like stepping back during the reaction and using the materials carefully under adult supervision.





## Rhymes of the Month

### Five little seeds

Five little seeds, Five little seeds.  
Three will make flowers,  
And two will make weeds.  
Under the leaves,  
And under the snow,  
Five little seeds are Waiting to grow.  
Out comes the sun,  
Down comes a shower.  
And up come the three,  
Pretty pink flowers.  
Out comes the sun,  
That every plant needs,  
And up come two,  
Funny old weeds.

## प्यारे फूल

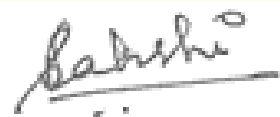
सूरज प्यारा चन्दा प्यारा,  
हमको सबसे प्यारे फूल।  
सारी दुनिया को महका दे,  
लाओ न्यारे न्यारे फूल।  
तितली जैसी रंग बिरंग,  
खिले हुए फूल।  
राहों में जगमग करते,  
ये धरती के सारे फूल।  
जहाँ प्यार है, जहाँ खुशी है,  
वहीं बिखरे सारे फूल।

The curriculum for the months of December and January has been thoughtfully planned, keeping in mind STEAM learning and other co-scholastic experiences that help Dipsites grow into well-rounded individuals. We request your support as our valued stakeholders in providing children with enriching experiences beyond school, such as visits to museums and other learning spaces, that will deepen their understanding and complement what they learn at school.

Happy learning!

Regards

Regards



Headmistress  
DPS Surajkund