



IN TOUCH

SESSION: 2025-26

Class: Grade I

Month: Dec-Jan 2025

Theme of the Month: Our Plant and Animal World

Virtue of the Month: I am Creative

Dear Parents,

Our theme for December-January is ‘Our Plant and Animal World,’ where children will explore the beauty, diversity, and importance of the living things around us. The lessons are thoughtfully connected to the United Nations Sustainable Development Goals (SDGs), helping children think about caring for nature in simple, age-appropriate ways. During this month, the children will learn about different kinds of plants, observe the shapes, sizes and functions of leaves, and understand how plants grow by exploring what they need—sunlight, water, soil, and air. They will also learn about seeds and fruits, including the difference between one-seed and many-seed fruits. In addition, the children will discover the fascinating world of animals—big, small, and tiny—along with the different places they live, such as land, water, trees, farms, and jungles. They will understand how to care for pets and farm animals and learn about the roles of gardeners, farmers, and veterinarians who work to keep plants and animals healthy. As they interact with nature, children will identify feelings of joy, calmness, curiosity, and care, while learning that plants and animals also need love, protection, and gentle handling. Through stories, discussions, and role-play, they will explore how nature feels when it is cared for versus when it is harmed. They will also develop values of kindness and responsibility by practicing simple habits like watering plants, avoiding the plucking of flowers, feeding animals safely, and keeping their surroundings clean. This month’s stories—The Hare and the Tortoise and The Enormous Turnip—will help reinforce these ideas in meaningful ways. As part of our STEAM learning, children will grow a seed in a “Plant Growing Jar” and record its progress through a day-wise observation sheet, create digital art of plants and animals using MS Paint, build a bird’s nest using twigs and grass, make a leaf collage, and explore simple fractions through our Math activity. We look forward to a joyful month of discovery as children connect closely with the plants and animals that share their world.



LANGUAGE AND LITERACY DEVELOPMENT

Emergent Literacy English (Language 1)

Vocabulary:

Tricky Words

Peaks Plus - English Course Book

Text:

- School Time
- The Wonderful Seed
- A Fun Day

Spelling of the focus words, Sentence Construction, and Comprehension Exercises

Poem:

- Moving Through the jungle
- Houses Big and Small

Grammar:

- Article a/an
- Pronouns He, she and it

Speaking:

- Prepared speech
- Exchanging greetings

Skills:

Reading

Writing

Comprehension

Recitation

skimming and scanning

Emergent Literacy Hindi (Language 2)

पुर्नावृत्ति:

- मात्रा: ु, ू

नई सीख:

- स्वर: ए – उच्चारण , ऐ– उच्चारण
- मात्रा: े, ै
- शब्द पढ़ना
- शब्द लिखना
- शब्द बनाना
- वाक्य पढ़ना
- सरल वाक्य
- शब्दकोश में वृद्धि

पाठ -

- सैर करते तारे

गतिविधियाँ:

- सस्वर पठन
- चित्र का शब्द से मिलान
- स्वर पहचान व उच्चारण
- अधूरे शब्द पुरे करना
- चित्र वर्णन
- तुकवले शब्द

कविता

- चूहे राम की अकड़
- केले के ठेले



COGNITIVE DEVELOPMENT (Vijnanamaya Kosha)

Logical and Mathematical Development:

Number Operations:

- Addition without carryover
- Application in real-life situations (Story Sums)
- Mental Math
- Subtraction without grouping
- Application in real-life situations (Story Sums)
- Mental Math

Data Handling:

- Collection and Representation of data

Fraction:

- Whole and Half

TIMES CONCEPT:

Building the times concept as multiplication

Skills:

- Computation
- Logical thinking
- Identification
- Quantification
- Ordering
- Building

Naturalistic Learning: Worlds of Learning

Our Plant and Animal World

- Kinds of Plants – Different types of plants around us
- Leaves – Shapes, sizes, and functions of leaves
- How Plants Grow – What plants need to grow (sunlight, water, soil, air)
- Seeds and Fruits – One-seed and many-seed fruits
- Animals Big, Small, Tiny – Exploring animals of different sizes
- Animal Habitats – Land, water, trees, jungles
- Pets and Farm Animals – Understanding domestic animals and their care

Peaks Plus - Environmental Studies Coursebook

- Our Plants
- Our Animals
- Our Animal Friends

Be The Change +

- Zero Hunger
- My Leaf11
- My Animal Friends
- Fun in The Jungle
- Fruits with Seeds

Circle Time Discussions

- Empathy and Care for Living Beings





SOCIO-EMOTIONAL AND ETHICAL DEVELOPMENT **(Manomaya Kosha)**

Social Learning:

Children will understand that plants and animals are living things that need food, water, air, and care to survive. They will learn the importance of caring for the environment by watering plants, avoiding harm to animals, and keeping their surroundings clean. Through discussions and activities, they will also recognise the valuable roles of community helpers—such as gardeners, farmers, and veterinarians—who work to keep plants and animals healthy.

Emotional Learning:

Children identify feelings like joy, calmness, curiosity, and care when interacting with plants and animals. They begin to understand that plants and animals also need love, protection, and gentle handling. Through stories and simple role-play, they explore how nature feels when it is cared for versus when it is harmed.

Ethical Learning:

Children learn that all living things deserve respect and care. They are encouraged to show kindness through simple habits such as not plucking flowers unnecessarily and feeding animals safely. These practices help them develop a sense of responsibility and appreciation for the plants and animals around them.

PHYSICAL DEVELOPMENT **(Anamaya and Pranamaya Kosha)**

GAMES

1. Balloon Paper Race
2. Team Tower and Bulldozers
3. Cookie Monster
4. Ball Passing
5. Chain Chain (Saantp-Sidhi Style)

SKILL DEVELOPMENT

Balance, Control,
Teamwork, Coordination,
Focus, Running, Listening,
Movement Control, Hand-
Eye Coordination, and
Teamwork





AESTHETIC AND CULTURAL DEVELOPMENT **(Anandmaya Kosha)**

PERFORMING ARTS

Music

- Animal in Action
- And the Green Grass
- Feliz Navidad

Theatre

Annual Production
Rehearsals

VISUAL ARTS

Artistic Learning

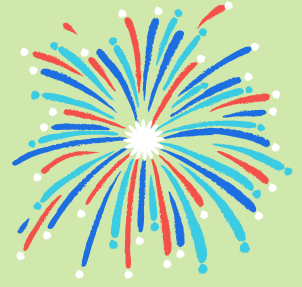
Art:

- Jungle animals drawing
- Nature collage
- Christmas card
- Human figure
- Republic Day theme drawing

Pottery:

- Animal making
- Leaf impression





Celebrations That Spark Joy and Learning! : MARK YOUR CALENDAR

Celebrations at school go beyond fun—they enrich learning by sparking curiosity, creativity, and key life skills. Through themed activities, children develop empathy, cultural awareness, and a deeper connection to the world around them. We invite you to mark your calendar and join us in supporting our young Dipsites during these joyful, meaningful moments.

Music Competition
Dec 16 , 2025

Handwriting Competition
Dec 19, 2025

Math Day
Dec 22, 2025

Christmas Celebration
Dec 24, 2025

Lohri Celebration
Jan 13, 2026

Indian Army Day
Jan 15, 2026

Vasant Panchami Celebration
Jan 23, 2026

Republic Day Celebration
Jan 22, 2026





Activities

Participating in activities such as public speaking, creative expression through colouring and drawing competitions, and joyful festival celebrations plays a vital role in the holistic development of students. These experiences nurture self-confidence, strengthen communication skills, and encourage creativity and self-expression. We encourage all Dipsites to actively and wholeheartedly take part in the activities thoughtfully planned for them.

- English Poem Presentation
- हिंदी कविता प्रस्तुति
- Handwriting Competition

VOCABULARY ENRICHMENT

To enrich vocabulary, everyday conversations will help students build vocabulary around the theme.

Students will also be introduced to focus words from the text and sight words to further support language development.

Listening Skills

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Stories for The Month

The Hare and the Tortoise- Aesop
The Enormous Turnip- Aleksey Nikolayevich
Tolstoy



At DPSSK, our curriculum is designed to deliver experiential learning through STEAM (Science, Technology, Engineering, Arts, and Mathematics) activities aligned with the National Curriculum Framework 2022. As we move forward, we continue to prioritize the development of skills across various domains specified in the Framework through integrated STEAM activities.

STEAM

We follow an experiential, hands-on approach through STEAM (Science, Technology, Engineering, Arts, and Mathematics) activities, in alignment with the National Curriculum Framework 2022. Our focus remains on nurturing holistic development by integrating learning across domains in a meaningful and engaging way.

Science:

Activity: Plant Growing Jar: We will make a day-wise observation sheet to track how the seed germinates and grows.

Technology:

Digital Art Activity: Creating Plants and Animals on MS PAINT

Engineering:

Activity: Nest making using twigs, grass and leaves

Art:

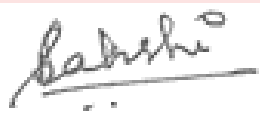
Activity: Leaf Collage

Math:

Activity: Jodo Fraction Builder- Make the Whole!

Happy learning!

Regards



Headmistress
DPS Surajkund

