

# February – March Heroes Around Us



**Virtue of the Month: I am Responsible**

**Class: Montessori**  
**Month: February – March**  
**Session: 2025–2026**



# Learning At Glance

Dear Parents,

Welcome to In-Touch, our monthly newsletter that brings you closer to our little Dipsite's joyful world of play, learning, and discovery!

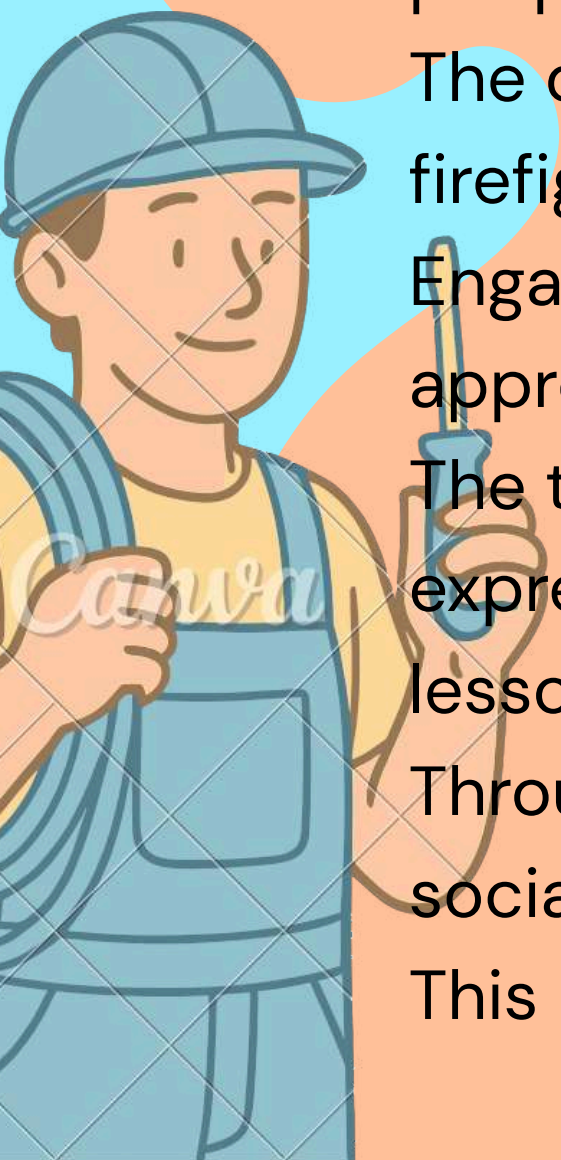
This month, our children will explore the theme "Heroes Around Us – Community Helpers." Through stories, songs, role play, hands-on activities, and real-life connections, they will discover the important people who support our community and keep us safe.

The children will be introduced to community helpers such as doctors, nurses, police officers, firefighters, teachers, drivers, helpers, and cleaners, learning how each plays a role in our everyday lives. Engaging activities like dress-up, pretend play, storytelling, and group conversations will help nurture appreciation and respect for these everyday heroes.

The theme also encourages essential values, including kindness, cooperation, helping others, and expressing gratitude. Creative art projects, circle-time discussions, and picture talks will make these lessons enjoyable and meaningful.

Through this theme, children will strengthen their language skills, confidence, observation abilities, and social awareness in a warm and supportive environment.

This month, students will also prepare for the cultural showcase.



# Language & Literacy Development

During the Community Helpers theme, children will continue to build their English language skills through engaging and meaningful activities. Students will be introduced to new theme-related vocabulary and simple sentence structures. As part of phonics learning, there will be a recap of all previously introduced letter sounds (/s/, /a/, /t/, /p/, /i/, /n/), with additional reinforcement of the sound /n/. A recapitulation of all concepts learned will be conducted in March.

## Emergent Literacy Hindi (Language 2)

To develop the lexicon, the following words will be introduced during our everyday conversation. doctor, nurse, teacher, police, firefighter, postman, driver, carpenter, electrician, shopkeeper, farmer, tailor, guard, cook, helper, hospital, school, police station, fire station, post office, tools, uniform.

हिन्दी शब्दावली (परिवहन संबंधित):

डॉक्टर, नर्स, शिक्षक, पुलिस, फायरमैन, डाकिया,, सफाई कर्मचारी, किसान, चौकीदार, अस्पताल, स्कूल, पुलिस स्टेशन, फायर स्टेशन, डाकघर,



# Language & Literacy Development

## Vocabulary Enrichment

### Sound /p/ words-

- police, postman, pen, pan, pot, pig
- Community helper connection: police, postman, pen (teacher)

### Sound /n/ words-

- nurse, net, nail, nose, nap, nest
- Community helper connection: nurse, net (safety net), nail (carpenter)



# Cognitive Development

## Naturalistic Learning: Worlds of Learning

Numbers & Shapes / Early Math

Patterns

- Recapitulation of Colour Patterns (ABAB) and Shape Patterns (ABAB)

Number Sense

- Recap of number symbols 1 to 5, with special focus on number symbol 4.

Measurement:

- Full & Empty

Shapes:

- Shape of the Month: Heart
- Recap of all previously learned shapes through games, visuals, and engaging activities.
- Sorting activities based on colour and size.

Introduction to community helpers as people who help us in our daily lives

- Learning about helpers such as doctors, nurses, police officers, firefighters, teachers, farmers, and drivers
- Understanding the tools, uniforms, and workplaces of different community helpers
- Developing respect and gratitude for people who help our community function smoothly
- Recap of previous topics done in earlier months through picture talk, discussions, and interactive activities



# Aesthetic & Cultural Development (Artistic Learning)

## PERFORMING ARTS

### MUSICAL LEARNING

- Community Helpers
- Annual Production rehearsals

### ART

- Community Helpers – Costume
- Community Helpers – Transport

### CRAFT

- Paper Craft Making –  
Community Helper
- Annual Production  
Craft



# Socio-Emotional & Ethical Development

## Socio-Emotional & Ethical Development

Children will explore feelings, values, and social interactions through community helper-themed activities.

### Role Play

- Pretend to be doctors, police officers, firefighters, teachers, drivers, and farmers
- Act out helping others in everyday situations, showing care, kindness, and responsibility

### Feeling Faces

- Express feelings such as happiness, pride, safety, and gratitude when being helped by community helpers
- Identify emotions related to different helpers (e.g., feeling safe with a police officer, feeling cared for by a doctor)

### Value Building

- Learn values like respect, cooperation, empathy, and responsibility
- Encourage helping behaviours such as following rules, waiting for one's turn, saying thank you, and caring for people around us
- Develop awareness of safety and cleanliness in the community



# Celebrations and Activities of the Month



Event	Date
Annual Production	February 28, 2026
Meet our Helping Hands	February 11, 2026
Science Day	March 2, 2026
Holi	March 3, 2026
Goals and Giggles Hockey Day	March 11, 2026

# STEAM

## S (Science)

- **Sound Exploration:** Identify sounds related to community helpers (ambulance siren, police whistle, fire engine siren)
- **Observation:** Learn how community helpers use tools and vehicles to help people

## T (Technology)

- **Picture Matching:** Match community helpers with the tools and vehicles they use
- **Digital Learning:** Watch short animated clips showing how community helpers work in our community

## E (Engineering)

- **Build a Helper's Workplace:** Use blocks to create a place like a Hospital.
- **Problem Solving:** Create simple pathways or setups to help community helpers reach people in need

## A (Art)

- **Craft Activity:** Make community helper badges
- **Clay Modelling:** Create tools used by helpers (stethoscope, fire hose, tools) using clay

## M (Math)

- **Counting:** Count community helpers, tools.
- **Sorting:** Sort helper tools by type, size, or colour
- **Big/Small:** Compare tools and vehicles used by different community helpers



# Fine & Gross Motor Development

## Gross Motor Skills

Community Helper Obstacle Walk  
(pretend to be a postman, police officer,  
or firefighter)

- Rescue Relay Game (helping a friend in need)

Introduction to Hockey

- Shadow Practice
- Holding the hockey stick
- Going from one point to another, holding the hockey stick
- Basic Dribbling & Striking

## Fine motor skill

- Tool Handling: Using tweezers/spoons to pick up helper tools
- Uniform Buttoning & Zipping Practice
- Clay Modelling of community helper tools
- Pasting and sticker activities related to helpers



## Circle Time

Wiggle, wiggle, wiggle like a bear,  
Wiggle, wiggle, wiggle through the air,  
Wiggle, wiggle, wiggle and don't you  
stop,

'Cause when the Lion says ROAR! —  
You FREEZE on the spot!  
**FREEZE!**



## Energiser

Climbing, climbing,  
Climbing, climbing,  
Up the ladder high!

Spraying, spraying, spraying water,  
Way up in the sky!

Put the fire out... Now we STOP!

## Rhyme Time

If you're wearing RED, give a big hop!

If you're wearing BLUE, spin like a top!

If you're wearing GREEN, touch your toes!

Everyone FREEZE and touch your nose!



## लाला जी ने केला खाया

लाला जी ने केला खाया,  
केला खाकर मुँह बिचकाया।  
मुँह बिचकाकर कदम बढ़ाया,  
छिलके पर जो पैर पड़ा,  
लाला जी गिरे धड़ाम!  
मुँह से निकला— हाय राम!

Happy learning!

Regards



Headmistress  
DPS Surajkund

## डाकिया

देखो एक डाकिया आया,  
थैला एक हाथ में लाया।  
ढेरों चिट्ठियाँ साथ है  
लाया,  
सबके घर का संदेशा  
लाया!

