

IN TOUCH

SESSION: 2025-26

Class: Grade I

Month: Feb-March 2026

Theme of the Month: Safety, My Superpower

Virtue of the Month: I am Creative

Dear Parents,

We are excited to introduce our new theme for Grade I, “Safety, My Superpower.” Through this theme, children will explore important safety concepts related to different places, such as home, school, roads, and public spaces, as well as learn to identify safe and unsafe people. The learning experiences are thoughtfully designed to build key competencies outlined in the National Curriculum Framework (NCF), including personal well-being, social awareness, communication skills, and responsible decision-making. By connecting learning to everyday experiences, we aim to empower our young learners with confidence, awareness, and practical skills that help them make safe choices and care for themselves and others.

Aligned with the National Education Policy (2020) and the National Curriculum Framework (2022), the theme “Safety – My Superpower” supports our Grade I children’s holistic development in the following ways:

- **Language and Literacy:** Children will listen to stories, learn safety-related vocabulary, share experiences, and express their understanding through discussions and role-play.
- **Cognitive Development:** Through real-life examples, children will learn to identify safe and unsafe situations, understand rules, and practise simple thinking and problem-solving skills.
- **Physical Well-being:** Children will be encouraged to develop safe habits, body awareness, and healthy practices through movement and daily routines.
- **Aesthetic and Cultural Expression:** Safety concepts will be explored through art, music, dance, and creative activities, helping children express ideas imaginatively.
- **Social-Emotional and Ethical Growth:** Children will learn to recognise safe and unsafe people, follow rules, build empathy, confidence, and practise responsible behaviour.

We encourage parents to support this learning at home by talking about safety rules, modelling safe behaviour, and reinforcing the idea that safety is a superpower we all use every day.

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FIRST**

LANGUAGE AND LITERACY DEVELOPMENT

Emergent Literacy English (Language 1)

Vocabulary: Tricky Words and focus words.

Peaks Plus - English Course Book

Text:

- A Fun Day (contd)

Grammar:

- Position Words

Speaking:

- Prepared speech

Skills:

Reading

Writing

Comprehension

Recitation

skimming and scanning

Emergent Literacy Hindi (Language 2)

नई सीख:

- स्वर: ओ उच्चारण , औ- उच्चारण
- ओ और औ की मात्रा

पाठ -

- होली है भाई, होली है
- मौसम था सुहावना

गतिविधियाँ:

- शब्द पढ़ना
- शब्द लिखना
- शब्द बनाना
- वाक्य पढ़ना
- सरल वाक्य
- शब्दकोश में वृद्धि
- सस्वर पठन
- चित्र का शब्द से मिलान
- स्वर पहचान व उच्चारण
- अधूरे शब्द पुरे करना
- चित्र वर्णन
- तुकवले शब्द

Recapitulation of all the concepts
learned through the program

I Learn-I Grow


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COGNITIVE DEVELOPMENT (Vijnanamaya Kosha)

Logical and Mathematical Development:

Subtraction:

- Subtraction with regrouping(contd)

Data Handling:

- Collection, Representation of data and Interpretation of Data

Multiplication:

- Multiplication as repeated addition

Skills:

- Computation
- multiplication
- Logical thinking
- Identification
- Collection
- Interpretation
- Representation
- Application

Naturalistic Learning: Worlds of Learning

Our Safety World

- Kinds of Roads
- Traffic Lights & Signs –
- Road Rules
- Safe Crossing
- Understanding safe distance
- Safety at Home – Safe and unsafe objects, electrical safety, fire safety
- Personal Safety Habits – Saying no, asking for help, staying alert

Peaks Plus – Environmental Studies Coursebook (Safety Integration)

- Our Safety Rules
- Safety on the Road
- Safety at Home
- Safety at play

Be The Change + (Life Skills & Values)

- Safe Choices, Safe Lives
- Following Rules to Protect Everyone

Recapitulation of all the concepts learned through the program

I Learn-I Grow

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SOCIO-EMOTIONAL AND ETHICAL DEVELOPMENT **(Manomaya Kosha)**

Social Learning: Children will understand basic road safety rules that help keep everyone safe. They will learn the importance of following traffic signals, using zebra crossings, walking on the footpath, and wearing helmets or seat belts. Through discussions and activities, they will also recognise the important roles of community helpers—such as traffic police, bus drivers, and crossing guards—who help maintain safety on the roads.

Socio-Emotional Learning: Children identify feelings such as confidence, alertness, responsibility, and care while learning about road safety. They begin to understand that their actions on the road can affect their own safety and the safety of others. Through stories and simple role-play, they explore how following rules makes everyone feel safe and calm, while unsafe behaviour can cause fear or harm.

Ethical Learning: Children learn that road safety is a shared responsibility. They are encouraged to show respect and care by following traffic rules, waiting patiently, and helping younger children or elders cross the road safely. These practices help them develop a sense of discipline, responsibility, and respect for rules that protect everyone on the road.

PHYSICAL DEVELOPMENT **(Anamaya and Pranamaya Kosha)**

Activity focus

- Introduction of hockey
- Shadow practice
- Basic dribbling
- Dribbling the ball with hockey
- Dribbling and striking
- Striking in group
- Passing the ball from one place to another
- Group coordinator

Skill Development

- Balance and coordination
- Hand eye coordination
- Time and rhythm with hockey
- Reaction speed with hockey (dribbling and striking)
- Control and coordination
- Body position and follow throw
- Tracking the ball with hockey

Introduction to Hockey

Dribbling

Striking

Ball control and coordination

Passing one point to another

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AESTHETIC AND CULTURAL DEVELOPMENT (Anandmaya Kosha)

PERFORMING ARTS

Music

- Transportation Song

Theatre

Annual Production
 Rehearsals

VISUAL ARTS

Artistic Learning

Art:

- Car safety poster making
- Drawing on safety in school

Art Appreciation

- Vango Art

Pottery:

- .Mini sculpture
- .Mosaics on caly

Celebrations That Spark Joy and Learning! : MARK YOUR CALENDAR

Celebrations at school go beyond fun—they enrich learning by sparking curiosity, creativity, and key life skills. Through themed activities, children develop empathy, cultural awareness, and a deeper connection to the world around them. We invite you to mark your calendar and join us in supporting our young Dipsites during these joyful, meaningful moments.

Date	Activity	Preparation Required
February 12, 2026	World Radio Day	No Preparation Required
February 28, 2026	Anual Cultural Presentationm	No Preparation Required
March 2-6, 2026	Science Week	Detailed Circular Follows
March 3, 2026	Holi Celebration	Detailed Circular Follows

VOCABULARY ENRICHMENT

To enrich vocabulary, everyday conversations will help students build vocabulary around the theme.

Students will also be introduced to focus words from the text and sight words to further support language development.

Listening Skills

Stories for The Month

A Boy Who Grew in the Forest

At DPSSK, our curriculum is designed to deliver experiential learning through STEAM (Science, Technology, Engineering, Arts, and Mathematics) activities aligned with the National Curriculum Framework 2022. As we move forward, we continue to prioritize the development of skills across various domains specified in the Framework through integrated STEAM activities.

STEAM

We follow an experiential, hands-on approach through STEAM (Science, Technology, Engineering, Arts, and Mathematics) activities, in alignment with the National Curriculum Framework 2022. Our focus remains on nurturing holistic development by integrating learning across domains in a meaningful and engaging way.

Science:

Activity: Road Safety Observation

Technology:

Activity: Road Safety Watch & Learn

Engineering:

Activity: Build a Safe Road

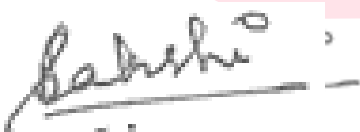
Art:

Activity: Road Safety Signal Collage

Math:

Activity: Traffic Watch – Collect & Show

Happy learning!



Headmistress
DPS Surajkund

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