



IN TOUCH

SESSION: 2025-26

Class: Balvatika I

Month: February-March

Theme of the Months:

Theme:- Nature and its Beauty

Dear Parent

Watching our little Dipsites blossom each day fills our hearts with joy! With sparkling eyes and growing confidence, they are embracing the world around them – sharing stories, making friends and expressing themselves with excitement and curiosity. Every moment is a step in their beautiful journey of self-discovery. This month our heart-warming theme, “The Nature and its Beauty. Through hands-on activities, music and stories, they will learn the value of connection and belonging..

Our school joyfully celebrated Holi along with our Annual Day, creating a vibrant blend of colors, culture, and creativity. The spirit of Holi filled the campus with happiness, unity, and positivity, as students and teachers came together to spread love and laughter.

The Annual Day added grandeur to the celebration with cultural performances, music, dance, and drama that showcased the talent, confidence, and hard work of our students. It was a memorable day that reflected our values, traditions, and the joyful togetherness of our school community.

In alignment with the National Education Policy (2020) and the National Curriculum Framework (2022), the theme is carefully designed to foster holistic development across five key domains, inspired by the koshas shared with you in the previous planner:

- ◆ Language and Literacy – Encouraging communication, storytelling, and early reading skills
- ◆ Cognitive Development – Building curiosity, thinking skills, and problem-solving abilities
- ◆ Physical Well-being – Promoting healthy habits, movement, and motor development
- ◆ Aesthetic and Cultural Expression – Nurturing creativity through art, music, dance, and cultural experiences
- ◆ Social-Emotional and Ethical Growth – Developing empathy, values, confidence, and positive relationships





LANGUAGE AND LITERACY DEVELOPMENT

Emergent Literacy English (Language 1)

Sounds v, x, qu

- identification of the letter sound
- vocabulary related to the sound

Recapitulation of all phonic sounds, action words, opposites, and position words through their usage.

Writing:

Recap of-

- Pre-writing skills

Rhymes

- The Gentle Breeze
- Holi Colours

Emergent Literacy Hindi (Language 2)

Language **Development:**

- सामान्य संचार

Rhymes:

- सब्जी बोली
- रंग बिरंगी होली आई





COGNITIVE DEVELOPMENT (Vijnanamaya Kosha)

Logical and Mathematical Development:

Numbers 8, 9 and 10

- Quantification
- Identification
- sequencing 1-10
- Ordering 1-10

Recapitulation of the pre-number concepts and shapes done.

Patterns (ABAB, AABB)

- Follow and create the pattern

Naturalistic Learning: World of Wonders

- Introduction to Plants
- Types of flowers
- Parts of plants
- Names of trees
- Tree as a home
- Things you get from plants
- Fruits and vegetables

- **Season** – Spring season

Self-help Skills

- Wearing and removing shoes/socks
- Trying to button, zip, or fasten clothes
- Identifying and managing personal belongings (bag, water bottle)
- Hanging bags on hooks





SOCIO-EMOTIONAL AND ETHICAL DEVELOPMENT (Manomaya Kosha)

- How to work in a team
- Give others a chance to speak
- Waiting for your turn
- Taking care of plants

PHYSICAL DEVELOPMENT (Anamaya and Pranamaya Kosha)

Skills

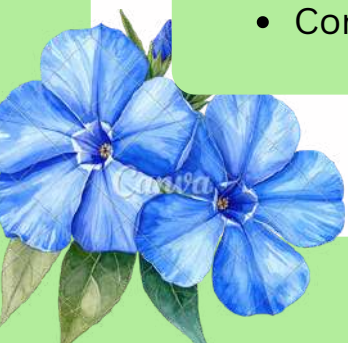
- Balance Control
- Teamwork , Coordination , Focus
- Body position and follow throw
- Hand eye Coordination
- Tracking the ball with Hockey

Activity Focus:

- Introduction of Hockey
- Shadow practice
- Basic dribbling and striking
- Passing from one place to another
- Group Coordinator

Hockey Game:

- Focus and fun dribbling
- Fast and slow striking
- Control and coordination





AESTHETIC AND CULTURAL DEVELOPMENT (Anandmaya Kosha)

PERFORMING ARTS

Music and Movement

- Hey Sharde Maa
https://youtu.be/azDKcsc_l_8?si=n75h_nCtx2fP5YPI

- Music/Theatre

Annual Production Rehearsals

VISUAL ARTS

Art

- Based on the theme of cultural presentation
- My favourite fruit drawing
- Leave impression
- Vegetable printing

Craft

- Craft through blow art
- Craft using brushes and spray art

Pottery

- My favourite vegetable
- Leave impression on clay





CELEBRATIONS AND LEARNING ACTIVITIES MARK YOUR CALENDAR

We are pleased to inform you about the upcoming activities and celebrations planned in our school for the months of February and March 2026. These events are designed to enhance students' learning, creativity, and overall development. We will celebrate World Radio Day, where children will learn about communication and media in a fun way. Our Annual Production will be organized, giving students a wonderful platform to showcase their talents. This event will help build their confidence and stage presence.

We will observe Science Day, during which children will participate in simple experiments and activities. This will encourage curiosity and scientific thinking among students. We will celebrate Holi, promoting joy, unity, and cultural values. Children will take part in safe and eco-friendly celebrations. We will conduct the Parent-Teacher-Partnership Meeting (PTPM). These activities are planned to make learning enjoyable and meaningful for children. Your cooperation and support are very important for the success of these programs. We encourage you to motivate your child to participate actively in all activities.

13.02.26	World Radio Day
28.02.26	Annual Cultural Presentation
03.03.26	Holi Celebration
02.03.26	Day of Wonder
11.03.26	Goals and Giggles- Hockey Fun
21. 03.26	PTPM





VOCABULARY ENRICHMENT

These words will help children build a richer vocabulary and enhance their communication skills as they explore the themes of Nature Beauty.

Words to Learn:

stem, plants, leaves, vegetables, fruits, sun, weather, season, roots, bud, tree, bushes, water, air, oxygen, seed, marigold, rose, jasmine, sunflower, hibiscus, lotus

LISTENING SKILLS

Story for The Month

- The Wise Goat- Fabel
- The Honest Boy by RabinderNath Tagore
- Stories of -Vikram Betal, Tenali Raman

STEAM

- **Science:** Observe and water plants daily to learn what plants need to grow.
- **Technology:** Watch short videos or picture slides of plants and flowers to know their names.
- **Engineering:** Build a flower from waste materials.
- **Art:** Create leaf prints, flower painting, and paper plant crafts.
- **Mathematics:** Count leaves, petals, seeds. Sort plants by size and colour.





RHYMES FOR THE MONTHS

The Gentle Breeze

The gentle breeze goes
whoosh,
whoosh, whoosh,
Through the trees and the
leafy bush.
It tickles your face and swirls
your hair,
Blowing fresh, cool, happy air!

सब्जी बोली

आलू बोला मुझको खा लो ,
मैं तुमको मोटा कर दूंगा ।
पालक बोली मुझको खा लो ,
मैं तुमको ताकत दे दूँगी ।
गाजर, भिन्डी, बैंगन बोले,
गोभी, मटर, टमाटर बोले ,
अगर हमें भी खाओगे जल्दी बड़े हो
जाओगे ।

होली आई

रंग बिरंगी होली आई
धूम मचाती होली आई,
बच्चों की है टोली आई,
रंग गुलाल उड़ाती आई,
रंग बिरंगी होली आई।
पिचकारी में रंग की गोली है,
होली है भई होली है होली है।

Happy learning!

Sarshi

Headmistress
DPS Surajkund

