



IN TOUCH

SESSION: 2025-26

Class: Balvatika I

Month: July '25

Sensory Wonders!

Dear Parents,

Welcome to Our Newsletter – July!

Our little Dipsites have begun an exciting journey into the world of senses and body parts, discovering how their amazing bodies help them explore and understand the world around them. Through hands-on activities, songs, stories, and games, children are learning to identify their body parts and understand the five senses—seeing, hearing, smelling, tasting, and touching. This sensory-based learning is designed to develop their awareness, vocabulary, and observation skills in fun and engaging ways.

Aligned with the National Education Policy 2020 and National Curriculum Framework 2022, this month's curriculum is also thoughtfully designed to support well-rounded growth across five core developmental domains based on the koshas shared with you in the previous planner:

- ◆ Language and Literacy
- ◆ Cognitive Development
- ◆ Physical Well-being
- ◆ Aesthetic and Cultural Expression
- ◆ Social-Emotional and Ethical Growth

Children will engage in a variety of joyful learning experiences—stories, circle time, music, art, dramatization, and play-based exploration—that encourage vocabulary development, emotional expression, and social connection. They will also be introduced to essential life skills such as hygiene practices and the concept of safe and unsafe touch, presented in a gentle, age-appropriate way.

Our monthly planner, “In Touch,” will provide a window into classroom activities and learning goals, keeping you closely connected with your ward's progress.

We look forward to partnering with you as we nurture curious minds and compassionate hearts.

LEARNING AT A GLANCE

At DPS Surajkund, we firmly believe that children learn best when experiences are interconnected and rooted in real-life contexts. Our curriculum is thoughtfully designed to engage young learners through integrated, meaningful experiences that highlight the relevance of concepts in their everyday lives.

In the upcoming month, students will delve into foundational concepts such as number sense and phonics through interactive, hands-on learning. Activities will include number games, phonics-based exercises, and targeted tasks to strengthen both fine and gross motor skills. To support this experiential approach, a variety of stimulating learning zones have been set up, including:

- Clay Dough Zone
- Construction Zone
- Dramatic Zone
- Tabletop Zone
- Creative Zone
- Pretend Play Zone
- Water Zone

These thoughtfully designed spaces will provide students with engaging opportunities to explore, discover, and apply new skills in a playful and purposeful manner.





LANGUAGE AND LITERACY DEVELOPMENT

Emergent Literacy English (Language 1)

Phonic Sounds-

- Recapitulation of /s/, /a/, /t//p/, /i/
- Introduction of /n/, /c/, /e/
- Vocabulary related to the sounds
- Sound Action
- Sound Chants
- Identification of the sound

Writing:

- Standing and Sleeping line

Rhymes:

- Row Row Row your boat
- I hear Thunder

Emergent Literacy Hindi (Language 2)

Language Development:

- सामान्य संचार

Rhymes:

- तितली रानी
- सूरज निकला





COGNITIVE DEVELOPMENT (Vijnanamaya Kosha)

Logical and Mathematical Development:

Pre Number Concept

Recapitulation of Big and Small
Introduction of Tall and short

Number Sense up to 5

- Unstructured Counting up to 5
- Quantification up to 5
- Identification of symbols 3 & 4
- Relation of quantity with the symbol with different materials
- Subitizing 1

Shapes- Circle

- Identification and application in real life
- Shape Art

Hands on Activities:

- Counting Fun with Nature
- Counting with objects
- Building Blocks
- Nature Fun

Naturalistic Learning: Worlds of Wonder:

Our Body Parts

Hygiene/ cleanliness

External body parts-

Head, shoulder, knees, toes, arms, legs, hands, feet

Our Five Sense Organs

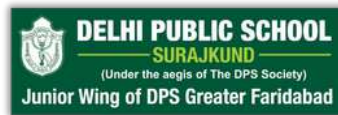
- Eyes
- Nose
- Ear
- Tongue
- Skin



Lifeskills

- Packing our bag
- Folding Of Apron
- Cleaning of Cubby





SOCIO-EMOTIONAL AND ETHICAL DEVELOPMENT (Manomaya Kosha)

- Sharing and Taking Turns
- Making Friends
- Following Rules in a Group

PHYSICAL DEVELOPMENT (Anamaya and Pranamaya Kosha)

- Personal Space
- Ball selection and exploration
- toe tap
- switcheroo
- kicking
- kicking for distance
- walk and kick
- Locomotors skills and Non locomotors skills
- Animal Walk
- SEL (Social Emotional Learning)
- Musical ASAP
- Start and Stop





AESTHETIC AND CULTURAL DEVELOPMENT (Anandmaya Kosha)

PERFORMING ARTS

Music and Movement

- Five Senses
- <https://youtu.be/l1B0jw3vmpY?feature=shared>

चुन चुन करती आयी चिड़िया

https://youtu.be/cFyZHXFmFlO?si=Obhzuv_1ai9wAvYw

Friends Song

<https://youtu.be/bVCKjOT9-gc>

Theatre

- Voice Exercises
- Story Telling
- Character Enactment

VISUAL ARTS

Artistic Learning

Art

- Cloud and Rainbow Composition
- Abstract Flower Making

Craft:

- Create a collage with Nature's Element (Twigs, Leaves)
- (Continued)**
- Bird Making

Pottery:

- Tiger Face
- Mango For Mango Day

Art Appreciation

Artist of the Year- Paul Klee (Cubism).





CELEBRATIONS AND LEARNING ACTIVITIES MARK YOUR CALENDAR

Celebrations not only bring excitement to life but also cultivate positive social and emotional skills in children. Festivals introduce children to India's diverse cultural heritage, fostering acceptance of diversity and nurturing global citizenship. Please reserve your calendar for this month's festivities.

12.07.24	Paper Bag Day
13.07.25	National French Fries Day
17.07.25	World Emoji Day
22.07.25	National Mango Day

07.07.25	Chocolate Day Celebration
29.07.25	International Tiger Day





VOCABULARY ENRICHMENT

In order to develop the lexicon, the below mentioned words will be introduced during our everyday conversation.

sun, star, soap, socks, soup, snake, apple, alligator, ambulance, arrow, tiger, tree, top, tenthouse, tap, pot, pen, pencil, papaya, pig, pink, puff, India, ink-pot, insect, injection, nose, big, small, tall, short, sand, shorts, sunglasses, lemonade, watermelon

LISTENING SKILLS

Story for The Month

- Gajapati Kulapati by Ashok Rajagopalan

At DPS Surajkund, our curriculum is designed to deliver experiential learning through STEAM (Science, Technology, Engineering, Arts, and Mathematics) activities aligned with the National Curriculum Framework 2022. As we move forward, we continue to prioritize the development of skills across various domains specified in the Framework through integrated STEAM activities.

What could STEM look like for our youngest learners?

- **Science:** Build a balance scale: This activity involves a plastic hanger, some cups and strings they can use to experiments with weight. This homemade scale can be a fun for them.
- **Technology:** Introduce basic tools like magnifying glasses, measuring spoons, or even toy cameras. These help preschoolers explore their environment in a hands-on way.
- **Engineering:** Building, problem solving, taking boxes apart, drawing a design, following it and then studying it to see if it worked or what changes need to be made, creating structures with a variety of blocks
- **Mathematics:** Use everyday objects like toys, snacks, or even steps to practice counting





STEAM Based Activities for the Month:

Activity: "Balancing Builders: Cup Stack Challenge"

Learning Outcomes: By the end of this activity, children will be able to:- balancing, counting, Trial and Error, Observation & Prediction.

RHYMES FOR THE MONTHS

सूरज निकला आसमान में

सूरज निकला आसमान में, लाया किरणें
धरती पर,
बिखरी रोशनी चारों ओर, चमक उठी हर
एक नगर।
फूलों ने मुस्कान पाई, कलियों ने ली
अंगड़ाई,
चिड़ियों ने गीत सुनाया, जैसे आई कोई
परछाई।

तितली रानी

तितली रानी बड़ी सयानी,
फूल-फूल पर जाती है।
फूल-फूल से रंग चुराकर,
अपने पंख सजाती है।
जब भी कोई पकड़े उसको,
झट से उड़ वो जाती है।
कभी यहाँ, कभी वहाँ पर,
सबको झाँसा देती है।

I Hear Thunder

I Hear Thunder, I Hear Thunder
Oh don't you ,Oh don't you
Pitter - Patter rain drops, Pitter -
Patter raindrops
I'm wet through, so are you!

Row Row Row your Boat

Row Row Row your Boat
Gently down the stream
Merrily ,Merrily, Merrily ,Merrily
Life is but a dream.

Happy Learning!
Regards

Headmistress
DPS Surajkund

