

IN TOUCH

SESSION: 2025-26

Class: Balvatika II

Month: July' 25

*"My Story, My People":
"Every story begins with me, my family, and the world I see
through my senses." 🌈🌟*

Dear Parent,

At DPS Surajkund, we believe that learning is most impactful when it is meaningful and relevant to a child's world. This July, our young Dipsites of Balvatika II will begin a heartwarming journey of self-exploration with the theme "My Story, My People." Rooted in real-life connections and experiences, the theme aims to foster self-awareness, strengthen family bonds, and build understanding of body parts, sense organs, personal care, and safety.

Aligned with the National Education Policy 2020, this month's curriculum is also thoughtfully designed to support well-rounded growth across five core developmental domains based on the koshas shared with you in the previous planner:

- ◆ Language and Literacy
- ◆ Cognitive Development
- ◆ Physical Well-being
- ◆ Aesthetic and Cultural Expression
- ◆ Social-Emotional and Ethical Growth

Children will engage in a variety of joyful learning experiences—stories, circle time, music, art, dramatization, and play-based exploration—that encourage vocabulary development, emotional expression, and social connection. They will also be introduced to essential life skills such as hygiene practices and the concept of safe and unsafe touch, presented in a gentle, age-appropriate way.

Our monthly planner, "In Touch," will provide a window into classroom activities and learning goals, keeping you closely connected with your ward's progress.

We look forward to partnering with you as we nurture curious minds and compassionate hearts.



LANGUAGE AND LITERACY DEVELOPMENT

Emergent Literacy English (Language 1).

Phonetic Sounds

- Recapitulation of /g/, /o/, /u/, /l/, /f/, /b/, /z/, /w/ with added vocabulary

Pre-Writing Skills

- Recapitulation of all Pre-writing skills

Reading

- Blending of two and three letter words

Reading List 1- sa, pa, pi, ni, ti

Reading List 2- sat, at, an, nap, in

Reading List 3- pan, tip, tap, nip, pin

Rhymes

- **Five Senses**
- **Miss Polly Had a Dolly**

Emergent Literacy Hindi (Language 2).

Language Development:

- सामान्य संचार

Rhymes:

- हम ताली बजाना जानते हैं



COGNITIVE DEVELOPMENT (Vijnanamaya Kosha)

Logical and Mathematical Development:

Pre-Number Concepts

Introduction:

- Heavy/ Light
- Long/ Short

Number Sense

- Quantification (1-10)
- Writing (1-5)
- Sequencing (1-5)
- Subitizing (1-3)
- Unstructured Counting up to 10

Logical Reasoning

- Colour Sudoku

Shape and Spatial Sense

Shapes:

Semicircle and Rectangle

- **Identification**
- **Application in Real Life:**
- **Creating Objects with Shapes**
- **Drawing of Shapes using Objects**

Naturalistic Learning: Worlds of Learning

My Sense Organs

Eyes, Ears, Nose, Tongue, Skin.

My Body Parts

- External Body Parts (Head, Eyes, Ears, Nose, Mouth, Hands, Legs, Feet, Fingers, Toes)
- How to Take Care of Your Body
- How to Keep Your Body Clean

My Family

- Talk about family members.
- Understand big and small families.

Good Touch & Bad Touch

- Safe vs. Unsafe touch.
- Safe & Unsafe Strangers
- Don't talk to or go with strangers.
- Emergency Contact Number



SOCIO-EMOTIONAL AND ETHICAL DEVELOPMENT (Manomaya Kosha)

Life Skills

- Identifying and naming family members and their roles
- Understanding personal space and boundaries
- Asking for help when needed
- Following a basic daily routine independently
- Taking care of personal belongings
- Greeting and thanking people politely

PHYSICAL DEVELOPMENT (Anamaya and Pranamaya Kosha)

Bodily-Kinesthetic Skill Building

Fun Games:

Skills/Activities based on:

- Introduction to Fancy Feet
- Switcheroo
- Kicking for Distance
- Kicking for Accuracy

Locomotor and non-locomotor skills

- Running
- Jumping
- Kicking
- Hopping



AESTHETIC AND CULTURAL DEVELOPMENT (Anandmaya Kosha)

PERFORMING ARTS

Music and Movement

- I Say Hello to My Family
- This is My Family
- Friends
- Welcome Song

Theatre

- Voice Exercises
- Story Telling
- Story Enactment

VISUAL ARTS

Artistic Learning

- Sunny Day
- Juicy Fruit Making
- Mondrian Art- Artist
- Umbrella Making

Craft-Making

- Torn Paper Icecream
- Fork Painting Tulip

Pottery

- Mango Making
- Textures on Clay



CELEBRATIONS: MARK YOUR CALENDAR

Festivals and special days add joy and meaning to the life of little children, while also nurturing key social and emotional skills. At DPS Surajkund, we see these celebrations as valuable learning opportunities that introduce children to our rich cultural heritage and encourage appreciation for diversity. Through engaging activities like stories, songs, art, and role play, children begin to understand important traditions, build empathy, and develop a sense of belonging. Celebrating important days also add to their general awareness and learning happens in a joyful way.

22nd July, 2025
“International Mango Day”

24th July, 2025
“World Cousins Day”
(Role Play)

29th July, 2025
“International Tiger’s Day”

25th July, 2025
Parent’s Day In

"Engaging Activities for the Month: Themed Learning Adventures"

"Interactive games, experiential learning activities, and guided outdoor experiences will deepen children’s understanding of the ongoing theme, while effectively reinforcing key concepts in an engaging manner."

7th July, 2025
Circle Time
Activity-“Safe Circle ”
(Role Play)

17th July, 2025
Tiny Tales- All About Me
(Show and Tell)

30th July, 2025
Follow the Leader
(Pretend Play)



VOCABULARY ENRICHMENT

To enrich children's vocabulary, the following words will be seamlessly integrated into our daily conversations, making learning natural, engaging, and meaningful.

family, mother, father, brother, sister, uncle, aunt, cousin, friends, head, hands, legs, eyes, ears, nose, mouth, tongue, skin, touch, smell, see, hear, and taste, safe, unsafe, private, help, happy, sad, angry, scared, love, and care, soft, hard, rough, smooth, loud, quiet, sweet, sour, clean, dirty, wash, soap, towel, comb, brush, dress, clothes, water bottle, and shoes.

Listening Skills

Stories for The Month

- The Very Hungry Caterpillar by Eric Carle
- I Like Myself! by Karen Beaumont
- All Are Welcome by Alexandra Penfold

STEAM

At DPSSK, we follow an experiential, hands-on approach through STEAM (Science, Technology, Engineering, Arts, and Mathematics) activities, in alignment with the National Curriculum Framework 2022. Our focus remains on nurturing holistic development by integrating learning across domains in a meaningful and engaging way.

STEAM Based Activities for the Month:

- **Sense Organ Exploration Station:** Enhances sensory awareness, observation skills, and vocabulary development.
- **Build a Family Tree Collage:** Promotes understanding of family structure, creativity, and fine motor skills.
- **Scented Playdough:** Enhances sensory development and fine motor skills while encouraging imaginative play.



Rhymes for the Month

FIVE SENSE

What are your hands for, tell me that? (x2)
Hands are to work with,
just to feel with
And... rat-a-tat-a-tat.

What are your eyes for, tell me that? (x2)
Eyes are to see with,
just to see with
And... pica-pica-boooo... rat-a-tat-a-tat.

What is your nose for, tell me that? (x2)
Nose is to smell with,
just to smell with
And... breathe in, breathe out... rat-a-tat-a-tat.

What are your ears for, tell me that? (x2)
Ears are to hear with,
just to hear with
And... soft... loud... rat-a-tat-a-tat.

What is your tongue for, tell me that? (x2)
Tongue is to taste with,
just to taste with
And... Lulululu... rat-a-tat-a-tat.

Miss Polly Had a Dolly

Miss Polly had a dolly who was sick,
sick, sick.
So she call for the doctor to be
quick, quick, quick.
The doctor came with his bag and
his hat
And he knocked at the door with a
rat-a-tat-tat.
He looked at the dolly and he shook
his head
And he said "Miss Polly, put her
straight to bed!"
He wrote on a paper for a pill, pill,
pill
"I'll be back in the morning with my
bill, bill bill"



हम ताली बजाना जानते हैं

हम ताली बजाना जानते हैं,
और उसकी आवाज़ पहचानते हैं।
यह तो ताली की आवाज़ है –
(क्लैप, क्लैप, क्लैप)

हम मोटर चलाना जानते हैं,
और उसकी आवाज़ पहचानते हैं।
यह तो मोटर की आवाज़ है –
(पो, पो, पो)

Looking forward to a fruitful month of learning ahead

Happy learning!

Warm Regards



Headmistress

DPS Surajkund

