



IN TOUCH

SESSION: 2025-26



Class: Balvatika I

Month: October-November

Theme of the Months:
October - 'Festivals and Celebrations'
November - 'Community Helpers'

Dear Parents,

Welcome to the latest edition of our school newsletter!

We are delighted to share with you the exciting learning journey planned for the months of October and November. These months will be full of celebrations, fun, joy, and meaningful experiences for our little Dipsites.

Children will participate in school festival celebrations where they will sing, dance, and create crafts. They will develop social skills, confidence, and an appreciation of traditions, along with a focus on sharing happiness with others.

Children will learn about the people who make our daily lives easier, such as doctors, teachers, firefighters, police officers, and many more, through role play, storytelling, and dress-up activities.

In alignment with the National Education Policy (2020) and the National Curriculum Framework (2022), the theme is carefully designed to foster holistic development across five key domains, inspired by the koshas shared with you in the previous planner:

- ◆ Language and Literacy
- ◆ Cognitive Development
- ◆ Physical Well-being
- ◆ Aesthetic and Cultural Expression
- ◆ Social-Emotional and Ethical Growth

The children will take part in fun and meaningful activities like circle time conversations, dramatizations, music and movement, and art activities. These activities will not only build vocabulary and confidence but also nurture creativity, empathy, and social skills.

To make learning fun, we request parents to talk with children about festivals and community helpers at home too.

Our collective goal is to make them happy learners and responsible citizen.





LANGUAGE AND LITERACY DEVELOPMENT

Emergent Literacy English (Language 1)

Phonic Sounds-

- Recapitulation of previously done sounds
- Introduction of /g/, /u/, /l/, /f/ and /v/
- Vocabulary related to the sounds
- Sound Chants
- Identification of the sounds
- opposite words(short, long, heavy, light, outside, inside, clean, dirty- orals, up-down, on-in, front -back , dark-light, strong-weak
- Position words: in, on, front, back

Writing:

Pre-writing skills
upward and downward curves)

Action Words

eat, drink, go, stop, run

Rhymes

Pat-a-cake

old MacDonald

Five Little Monkeys

Our Community Helpers

Emergent Literacy Hindi (Language 2)

Language Development:

- सामान्य संचार

Rhymes:

- आई दिवाली आई दिवाली
- धोबी आया धोबी आया





COGNITIVE DEVELOPMENT (Vijnanamaya Kosha)

Logical and Mathematical Development:

Pre number concept - Near/Far

Pattern and Algebra

- Introduction of pattern –ABAB through shape and colour patterns

Shape -

- Recap of shapes- Circle, Square, Star, Triangle

Introduction to Heart Shape

- Identification
- Application
- Creating objects using three shapes

Number Sense

Introduction of the Symbols 8 & 9

- Sequencing 1-9
- one-on-one correspondence
- Recap unstructured counting upto 1-15
- Count on 1-9
- Match the quantity with the number.

Naturalistic Learning: Wonders of weather

Community Helpers

- People who helps us
- Discussion on different professions and people involved eg, Doctor, teacher, policeman, fireman
- Tools Used
- Vehicles Used
- Helpers in school
- Respect for all professions
- Learning emergency numbers like 100,101, and 102.

Activities

- Role Play
- Stories
- Discussions

Lifeskills

- Flipping of pages
- Do not fight
- Using polite words





SOCIO-EMOTIONAL AND ETHICAL DEVELOPMENT (Manomaya Kosha)

- Working together as team
- Respecting others emotions

PHYSICAL DEVELOPMENT (Anamaya and Pranamaya Kosha)

Skills

- Hand and eye coordination
- Arm strength and control
- Body positioning and follow through
- Decision Making
- Tracking the ball
- Timing and grip strength
- Balance and Movement

Catch and Throw Activities:

1. Introduction to catch and throw
2. Self toss and catch
3. Partner throw and catch
4. Scoops and Ball Introduction
5. Catching and Throwing Circuit
6. Scoops and Ball Partner Pass





AESTHETIC AND CULTURAL DEVELOPMENT (Anandmaya Kosha)

PERFORMING ARTS

Music and Movement

- Jhilmil Jhilmil Aayi Diwali
<https://youtu.be/tZr5oJC6PyA?feature=shared>

- Community Helpers

<https://youtu.be/jnAJyhNsoc4?feature=shared>

- Theatre (To be Continued)

- Musical Movements
- Express to the best
- Music and Scene

VISUAL ARTS

Artistic Learning

Art

- Diwali Card Making
- stencil Spray
- Community helper

Craft

- Bird making with cardboard
- Mosaic Art
- Diwali Craft

Pottery:

- Diya Making
- Making of a mini sculpture of community helpers





CELEBRATIONS AND LEARNING ACTIVITIES MARK YOUR CALENDAR

October

October will be full of fun and festive celebrations! Our little Dipsites will learn about the festivals of Dussehra and Diwali, exploring the values of sharing, caring, listening to elders, and respecting others. These celebrations will help them understand the spirit of togetherness and joy that festivals bring.

November

In November, children will learn about our community helpers and the important roles they play in our daily lives. They will also celebrate Children's Day, discovering the reason behind this special occasion. As the month unfolds, they will develop a deeper bond with their best friends — Books — as they dive into joyful reading experiences.

16.10.25	PBL (PTPM)
17.10.25	Diwali Celebration
04.11.25	Guru Nanak Jayanti Celebration
14.11.25	Children 's Day Celebration
15.11.25	
24.11.25- 28.11.25	Book Week





VOCABULARY ENRICHMENT

These words will help children build a richer vocabulary and enhance their communication skills as they explore the themes of festivals and community helpers.

Words to Learn:

festivals, Diwali, celebrations, evil, triumph, bow, arrow, exile, Jawaharlal Nehru, prime minister, loyal, helpful

LISTENING SKILLS

Story for The Month

- Ramayna (October)
- Three Little Pigs (November)
- Hare and the Tortoise (November)

STEAM

At DPS Surajkund, our curriculum is designed to deliver experiential learning through STEAM (Science, Technology, Engineering, Arts, and Mathematics) activities aligned with the National Curriculum Framework 2022. As we move forward, we continue to prioritize the development of skills across various domains specified in the Framework through integrated STEAM activities.

STEAM-Based Activities for the Month of October

Activity: Making Bubbles

Science: Air + water + soap = bubbles,

Engineering: making of bubble frames

Math: Different shapes

Activity: Bottle Aquarium

Science: Learning about water animals

Engineering: Making their habitat

Math: Counting fish and pebbles

Activity: Water Wheel craft

This will incorporate technology, Engineering, Math, and Art

Activity: Oil and water experiment for kids

Science - Learning that oil and water are not friends. Oil floats

Technology - watching and using tools like a dropper, a spoon

Math - Counting drops





RHYMES FOR THE MONTHS



Pat-a-Cake

Pat-a-cake, pat-a-cake baker's man
 Bake me a cake as fast as you can
 Pat it and prick it and mark it with "B"
 Put it in the oven for baby and me

आई दीवाली

आई दीवाली, आई दीवाली, आई दीवाली रे
 घर सजाओ, खुशी मनाओ — आई दीवाली रे।
 सबको बाँटो खूब मिठाई — आई दीवाली रे

Old MacDonald had a Farm

Old MacDonald had a farm,

Ee i ee i oh!

And on that farm he had some
 chickens,

Ee i ee i oh!

With a cluck-cluck here,

And a cluck-cluck there

Here a cluck, there a cluck,

Everywhere a cluck-cluck

Old MacDonald had a farm

Ee i ee i oh!

Old MacDonald had a farm,

Ee i ee i oh!

And on that farm he had some dogs,

Ee i ee i oh!

With a woof-woof here,

And a woof-woof-woof there

Here a woof, there a woof,

Everywhere a woof-woof

Old MacDonald had a farm

Ee i ee i oh!

Old MacDonald had a farm,

Ee i ee i oh!

And on that farm he had some cows,

Ee i ee i oh!

With a moo-moo here,

And a moo-moo there

Here a moo, there a moo,

Everywhere a moo-ooo

Old MacDonald had a farm,

Ee i ee i oh!





November

डॉक्टर अंकल

डॉक्टर अंकल बड़े अच्छे,
बीमारों के सच्चे पक्के।
इंजेक्शन से नहीं डरते,
सबको दवा प्यार से देते।
कभी खांसी, कभी जुकाम,
डॉक्टर अंकल करते काम।

November



Five Little Monkeys

Five little monkeys jumping on the bed,
One fell off and bumped his head.
Mama called the doctor and the doctor said,
"No more monkeys jumping on the bed!"
Four little monkeys jumping on the bed,
One fell off and bumped his head.
Mama called the doctor and the doctor said,
"No more monkeys jumping on the bed!"
Three little monkeys jumping on the bed,
One fell off and bumped his head.
Mama called the doctor and the doctor said,
"No more monkeys jumping on the bed!"
Two little monkeys jumping on the bed,
One fell off and bumped his head.
Mama called the doctor and the doctor said,
No more monkeys jumping on the bed!
One little monkey jumping on the bed,
He fell off and bumped his head.
Mama called the doctor and the doctor said,
No more monkeys jumping on the bed!

Happy Learning!
Regards

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Headmistress
DPS Surajkund

