



"Helping Hands Around Us"

"With the care of our community helpers, the neighbourhood becomes a happy place to live."

Dear Parent,

At DPS Surajkund, we believe that learning is most powerful when it grows out of a child's natural curiosity and everyday experiences. This October and November, our young Dipsites of Balvatika II are set to explore the theme "Our Neighbourhood and Community Helpers." 🏠 👮 ♂ ♀

Children will step into the world of people who make our lives safe, happy, and comfortable — from doctors and firefighters to teachers, shopkeepers, and more. Through interactive stories, role plays, and hands-on activities, they will discover how each helper plays a special role in our community.

This theme is designed to nurture respect, empathy, and awareness while strengthening vocabulary, social skills, and a sense of gratitude towards those who support us every day. 🌟

Aligned with the National Education Policy (NEP 2020), our September curriculum supports holistic child development across five interconnected domains:

- Language and Literacy - Engaging community helper stories, rhymes, and vocabulary building.
- Cognitive Development - Curiosity-driven inquiry, problem-solving, and learning about the roles of helpers in our neighbourhood.
- Physical Well-being - Role-play activities, movement games, and hands-on tasks that build coordination and fine motor skills.
- Aesthetic and Cultural Expression - Creative art, music, and dramatization inspired by helpers and their professions.
- Social-Emotional and Ethical Growth - Teamwork, empathy, gratitude, and understanding the importance of helping others.

Our monthly planner In Touch will continue to keep you connected with these meaningful experiences, celebrating every step of your child's learning journey.

Together, let us inspire our young learners to value their neighbourhood, appreciate community helpers, and grow into caring citizens.





LANGUAGE AND LITERACY DEVELOPMENT

Emergent Literacy English (Language 1).

Identification

- Beginning and Ending Sounds of CVC words

Writing

m, n, b, p, k, c, a, d, g

Reading

- Blending of three-letter words
- Sentence making through Picture Reading

Reading List 8- bag, big, bug, bat, bin

Reading List 9- cub, fun, gum, hug, pug

Reading List 10- dog, fog, log, cub, sub

Rhymes

- Miss Polly Had a Dolly
- If I Were a Baker

Emergent Literacy Hindi (Language 2).

Language Development:

- सामान्य संचार

Rhymes (Recapitulation)

- पांच मील पर घर हमारा
- लाल लाल मोटर





COGNITIVE DEVELOPMENT (Vijnanamaya Kosha)

Logical and Mathematical Development:

Pre-Number Concepts

Measurement

- Full/Empty
- Part/Whole

Shape

- Diamond & Crescent

Time

- Days of the Week (Oral)
- What Day Is It?
- What Season Is It?
- Morning, Afternoon, Night

Number Sense

- Quantification (contd.)
- Sequencing (1-10)
- Count On (1-10)
- Missing Numbers (1-10)
- Sequence Writing (1-10)
- Subitizing (1-5)
- What Comes After (1-5)

Logical Reasoning & Patterns

- Directional Play
- ABAB, AABB Pattern

Naturalistic Learning: Worlds of Learning

- **Buildings:** Recognise houses, schools, parks, and stores.
- **Neighbours:** Learn who neighbours are and the importance of kindness.
- **Nature & Environment:** Observe trees, flowers, and animals around us.

Community Helpers:

- Who they are and how they help us.
- Being grateful.
- Different professions – doctor, teacher, policeman, firefighter, etc.
- Helpers in school.
- Important emergency helpline numbers (including Parent's contact).





SOCIO-EMOTIONAL AND ETHICAL DEVELOPMENT (Manomaya Kosha)

Life Skills (Virtue of the Month – I am Brave and Confident)

Practicing courage, independence, and responsibility

- 🕒 Facing New Situations – Coming to school happily, trying new tasks without fear, and waiting confidently for one's turn.
- 🧼 Being Responsible – Taking care of water bottles, bags, and shoes without reminders, showing independence.
- 👏 Speaking with Confidence – Sharing thoughts clearly, raising hands to answer, and expressing ideas bravely in front of others.
- 🍏 Making Healthy Choices – Choosing healthy snacks first, trying new foods bravely, and eating mindfully with neat habits.
- 📅 Taking Initiative – Organizing books and materials, arranging tables, and cleaning up after play or art confidently and independently.



PHYSICAL DEVELOPMENT (Anamaya and Pranamaya Kosha)

Bodily-Kinesthetic Skill Building

Fun Games:

Skills/Activities based on:

- Catching and Throwing
- Self-Toss and Catching
- Scoops and Ball
- Catching and Throwing Circuit

Locomotor and Non-Locomotor Skills

- Tracking the Ball
- Balance and Movement
- Hand-Eye Coordination
- Arm Strength and Control





AESTHETIC AND CULTURAL DEVELOPMENT (Anandmaya Kosha)

PERFORMING ARTS

Music and Movement

- Community Helper song
- My Neighbourhood

Theatre

- Understanding Community Helpers through Role Play

VISUAL ARTS

Artistic Learning

Card Making
Poster Making
Sponge Art

Craft

Neighbourhood Craft
Boat Craft

Pottery

Community Helpers and their equipment making





CELEBRATIONS: MARK YOUR CALENDAR

✨ Festivals and special days add joy and meaning to the lives of young children, while also nurturing key social and emotional skills. At DPS Surajkund, we view these celebrations as powerful learning moments that not only introduce our little ones to India's rich cultural heritage but also inspire a deep sense of pride, belonging, and independence.

October 17th, 2025
Diwali Celebration

October 15th, 2025
Global Handwashing
Day

November 24th- 28th,
2025
Book Week

November 4th, 2025
Guru Nanak Jayanti
Celebration

November 14th, 2025
Children's Day
Celebration

"Engaging Activities for the Month: Themed Learning Adventures"

This October and November, as we explore the theme "Helping Hands Around Us," children will engage in meaningful activities like dressing up as community helpers, listening to inspiring stories, singing rhymes, and participating in role plays that bring neighbourhood heroes to life. These joyful experiences will foster respect, empathy, and gratitude, while strengthening social skills and teamwork – making learning both impactful and heartfelt as our little ones discover the true value of helping hands in their everyday world. 🌟🤝🏠👮♀️

October 8th, 2025
Educational Trip to
National Science
Centre

21st November, 2025
Meet Our Community
Stars (Show and Tell)





VOCABULARY ENRICHMENT

To enrich children's vocabulary, the following words will be seamlessly integrated into our daily conversations, making learning natural, engaging, and meaningful.

Doctor, nurse, teacher, policeman, policewoman, firefighter, postman, postwoman, shopkeeper, grocer, baker, farmer, gardener, carpenter, electrician, plumber, driver, conductor, pilot, soldier, librarian, dentist, vet, chef, cook, mason, tailor, watchman, traffic police, sweeper, cleaner, barber, mechanic, ambulance, fire engine, police car, tools, uniform, badge, stethoscope, blackboard, chalk, mailbox, letter, basket, hose pipe, helmet, ladder, whistle, ID card, emergency number, helping hands, neighbourhood, community, safety signs.

Listening Skills

Stories for The Month

- “Whose Hat Is This?” by Sharon Katz Cooper
- “Clothesline Clues to Jobs People Do” by Kathryn Heling & Deborah Hembrook
- “Helpers in Your Neighbourhood” by Shira Evans
- “Firefighter Frank” by Monica Wellington

STEAM

We follow an experiential, hands-on approach through STEAM (Science, Technology, Engineering, Arts, and Mathematics) activities, in alignment with the National Curriculum Framework 2022. Our focus remains on nurturing holistic development by integrating learning across domains in a meaningful and engaging way.

STEAM Based Activities for the Month:

- 🧑🏻‍⚕️ Doctor's Stethoscope Experiment – Using funnels, pipes, and balloons, children will create a simple stethoscope to hear their heartbeat, exploring how doctors use tools to keep us healthy.
- 🚒 Fire Hose Water Play – With a garden hose or squeeze bottles, children will pretend to be firefighters putting out “fires” (colored targets), exploring water pressure, aim, and measurement in a playful way.
- 🧑🏻‍🔧 Builder's Block Challenge – Children will use building blocks or recycled boxes to construct simple houses or shops, learning balance, design, and teamwork like real builders.



Rhymes for the Month



If I Were A Baker

If I were a baker (pretend to put on a hat and apron), what would I do?

Bake lots of cookies

(make a circle with thumb and forefinger)

For me and you.

(point to self and a friend)

If I were a veterinarian, (pretend to put a stethoscope in ears) what would I do?

Care for your pet

(pretend to examine a cat or dog)

It's special to you.

If I were a dentist, (look in mouth of friend)

What would I do?

Check those teeth (pretend to drill or x-ray friend's teeth) That's good for you!

If I were a hair dresser (pretend to comb a friends' hair) what would I do?

Wash and trim your hair (pretend to wash & cut a friend's hair)

"Oh, pretty/handsome for you!"





Miss Polly Had a Dolly

Miss Polly had a dolly who was sick.

sick* sick

So she called for the doctor to come

quick/ quick, quick.

The doctor came with his bag and

his hat,

And he knocked on the door with a

rat-a-tat tat.

He looked at dolly and he shook his

head.

And he told Miss Polly, 'Put her

straight to bed.' He wrote out a

paper for a pill, pill, pill.

'I'll be back in the morning with my

bill, bill, bill'.



Looking forward to an engaging learning experience ahead.
Happy learning!

Warm Regards



Headmistress
DPS Surajkund

