





SESSION: 2025-26



Class: Balvatika III Month: Oct-Nov 25

Theme of the Month: Feast and Fiesta

Virtue of the Month: 'I AM BRAVE AND CONFIDENT'

Dear Parents,

This October and November, our young Dipsites of Balvatika III will set out on a delightful exploration with the theme "Feast & Fiestas." Children will dive into the colourful world of festivals and food, learning to celebrate diversity while building bravery and confidence in expressing themselves and trying new experiences.

* Learning Highlights

- Exploring diverse Indian festivals and the traditions that make each unique.
- Discovering the role of food in celebrations from sweets to traditional dishes.
- Understanding the importance of sharing meals and respecting cultural diversity.
- Expressing creativity through festive art, music, dance, and stories.

* Competencies Being Built

- Cognitive Development: Recognizing festivals, food groups, and cultural symbols.
- Social-Emotional Learning: Being brave to try new foods, share ideas, and participate in celebrations with confidence.
- Communication Skills: Expressing thoughts and experiences about food and festivals clearly and confidently.
- Creativity & Imagination: Designing crafts, role-playing festivals, and telling festive stories with courage and self-expression.

So, let's get ready to share, celebrate, and shine together this November as our little learners explore the vibrant world of Feast & Fiestas with courage and confidence!











LANGUAGE AND LITERACY DEVELOPMENT

Emergent Literacy English (Language 1)

Recapitulation

- Rhyming words
- Reading and Writing Reading simple sentences with CVC words

New Learning:

Blends l, s, r

- Reading words with blends and digraphs (Continued)
- Reading simple sentences with CCVC words
- Introduction of consonant digraphs 'ch' and 'sh' words.

Sight Words-

Recap of all the sight words done till now.

Poems:

• Healthy food and Junk food

Speaking:

• Poetry in Motion

Skills:

- Recall
- Blending
- Segmenting
- Read Aloud
- Listening
- Writing

Emergent Literacy Hindi (Language 2)

पुर्नावृति:

• व्यंजन-भ, व,ब, क, प, फ,ष,त

नर्ड सीख:

- व्यंजन परिचय ट, ढ, द, ठ
- पठित व्यंजनों से दो अक्षर के शब्द बनाना

गतिविधियाँ:

- इन्द्रधनुष लेखन
- व्यंजन ढूँढो खेल
- व्यंजन के लिए चित्र बनाना

कविता:

• हमारे त्यौहार

कौशल:

- पढना
- लिखना
- व्यंजनों का मिलान
- चित्र व शब्द ज्ञान











COGNITIVE DEVELOPMENT (Vijnanamaya Kosha)

<u>Logical and Mathematical</u> <u>Development:</u>

Recapitulation

- What comes after? 1-10
- Backward Counting 10-1

Introduction to concepts **Pre-Number Concepts:**

- Heavy and Light
- Near and Far

Number Sense-

- What comes before? 1-10
- What comes between? 1-10
- Unstructured Counting upto 30
- Structured Counting upto 20 (to be continued)
- Quantification upto 20 (to be continued)
- Subitizing upto 6

Skills:

- Identification
- Quantification
- Sequencing
- One- on- one correspondence
- Formations
- Count on
- Comparison
- measuring
- Subitizing

<u>Naturalistic Learning: Worlds</u> of Wonder

Introduction to the concepts

Religious Festivals

- Diwali
- Dusshera
- Eid
- Gurupurab
- Christmas
- How are the festivals celebrated?
- Places of Worship

Food We Eat

- Healthy food and Junk food
- Nutritious Food
- Traditional Food

Celebrations and Discussion

- Diwali
- Children's Day
- Guru Nanak Jayanti











SOCIO-EMOTIONAL AND ETHICAL DEVELOPMENT (Manomaya Kosha)

This October, as our little Dipsites celebrate Feast and Fiestas, they will learn the joy of sharing and caring through festive meals, the beauty of respecting diverse traditions, and the warmth of togetherness—nurturing values that make every celebration more meaningful.

- Sharing and Kindness.
- Respecting Differences.
- Joy of Togetherness.

.Value of the Month: I AM BRAVE AND CONFIDENT

PHYSICAL DEVELOPMENT (Anamaya and Pranamaya Kosha)

<u>Bodily-Kinesthetic</u> <u>Skills, Knowledge, and Understanding</u>

Activity Focus

- Introduction to Catching & Throwing
- Self-Toss and Catch
- Partner Throw and Catch
- Scoops and Ball Introduction
- Catching and Throwing Circuit
- Scoops and Ball Partner Pass

Core Skill Development

- Hand-Eye Coordination
- Arm Strength and Control
- Body Positioning and Follow-Through
- Decision-Making
- Tracking the Ball
- Timing and Grip Strength
- Balance and Movement

<u>Pranayam</u>

• Ocean/Sea Breath (Ujjayi for Kids)

Healthy Habits

- Try New Foods Bravely
- Limit Too Many Sweets











AESTHETIC AND CULTURAL DEVELOPMENT (Anandmaya Kosha)

PERFORMING ARTS

VISUAL ARTS

Music

- 'Festival Song'
- 'Do you like spaghetti yogurt?'

Dance

• Garba Dance

Theatre

 Tales of Shree Ram episode 1-8 with enactments (Continued)

Artistic Learning

- Card Making
- Eco-Friendly Diwali poster.
- Lippen Art
- Paper Mache Art
- Wax Art

Pottery:

- Diya Making
- Sculpture Making











Celebrations That Spark Joy and Learning!: MARK YOUR CALENDAR

In our school, every celebration is a chance to learn, grow, and have fun! These special days ignite curiosity, inspire creativity, and help children build important life skills. From exploring cultures to connecting with nature, each event is a joyful step in their learning journey.

October 9th ,2025 Educational Trip to Science Museum

October 17th ,2025 Diwali Celebration October 15th ,2025 Global Handwashing Day

November 14th ,2025 Children's Day Celebrations November 4th ,2025 Guru Nanak Jayanti Celebrations

November 18th ,2025 Mickey Mouse Day

November 24th - 28th ,2025 Book Week November 21st ,2025 Poetry in Motion











Activities

Participating in activities such as public speaking, creative expression through colouring and drawing competitions, and joyful festival celebrations plays a vital role in the holistic development of kindergartners. These experiences nurture self-confidence, strengthen communication skills, and encourage creativity and self-expression. We encourage all Dipsites to actively and wholeheartedly take part in the activities thoughtfully planned for them.

November 21st, 2025 Poetry in Motion Rhyme Recitation

VOCABULARY ENRICHMENT

To enrich vocabulary, the following words will be naturally woven into daily conversations and meaningfully reinforced through engaging activities.

Nutritious, traditional, Gurupurab, community, positioning, culture, symbols, wax, lippen, expressions, brave, confident etc.

<u>Listening Skills</u>

Stories for The Month
Greedy Dog











At DPSSK, our curriculum is designed to deliver experiential learning through STEAM (Science, Technology, Engineering, Arts, and Mathematics) activities aligned with the National Curriculum Framework 2022. As we move forward, we continue to prioritize the development of skills across various domains specified in the Framework through integrated STEAM activities.

STEAM

STEAM-Based Activities for The Month: -

Moldy Bread Experiment

Objective:

This experiment will help children observe and understand how food spoils and why it's important to store food properly.

- 1. **Scientific Exploration:** Children learn visually about the effects of moisture on food spoilage and how mold grows over time, sparking curiosity and observation skills.
- 2. **Hygiene and Food Safety Awareness:** This activity teaches the importance of proper food storage and avoiding spoiled food to stay healthy.
- 3. **Critical Thinking:** Kids engage in predicting what might happen to the bread and understand cause-and-effect relationships as they observe the mold forming.
- 4. **Fine Motor Skills:** Handling and examining the bread slices help develop hand-eye coordination and fine motor skills.
- 5. **Communication Skills:** Discussing their observations and findings encourages children to articulate their thoughts and engage in group discussions.

Overall Impact:

This experiment fosters a hands-on learning experience about food spoilage while supporting children's holistic development throughcuriosity, observation, and thoughtful discussed.









Magic Milk Colour

Objective:

To demonstrate how soap interacts with fat molecules in milk, creating a visual and engaging exploration of chemical reactions.

- 1. **Scientific Exploration:** Children visually learn about the properties of soap and how it interacts with fat molecules in milk, fostering curiosity and observation skills.
- 2. **Health and Hygiene Awareness**: This activity introduces the concept of how soap breaks down oils and fats, emphasizing the importance of hand-washing and cleanliness.
- 3. **Critical Thinking**: Kids engage in predicting outcomes and understanding cause-and-effect relationships as they observe the colors reacting to the soap.
- 4. **Fine Motor Skills**: Handling materials and performing the experiment helps develop hand-eye coordination and fine motor skills.
- 5. **Communication Skills**: Discussing their observations and findings encourages children to articulate their thoughts and engage in group discussions.

Overall Impact:

This hands-on activity not only demonstrates a simple chemical reaction but also supports holistic development through curiosity, creativity, and meaningful engagement!











Rhymes of the Month

Junk Food

Junk, food, Junk food
Go away, Go away
Junk food, Junk food
Be never seen in my tray
Junk food, Junk food
You are so unhealthy
Junk food, Junk food
I wanna stay healthy

हमारे त्यौहार

होली आयी होली आयी रंग बरंगी होली आयी।
गुज़िया खाओ रंग लगाओ, एक दूसरे को गले लगाओ।
अमावस की रात है काली, जगमग जगमग आयी दवाली,
दिप जलाओ मिठाई खाओ, पठाको को न हाथ लगाओ।
सब मिल जुलकर ईद मनाओ, हिलमिल सबको गले लगाओ,
ईदी अब्बा से ले आओ, मीठ मीठ सेवैयाँ खाओ।
गुरुपूरब की छठा निराली, गुरु की वाणी सबने मानी,
नगर-कीर्तन में सब जाओ, सब मिल- जुलकर झूमो गाओ।
क्रिसमस का त्यौहार है सेंटाक्लॉस उपहार है लाया।
मिलकर क्रिसमस ट्री सजाओ, मोमबत्ती जलाओ, केक खाओ।
हम सबको करते है एक, प्यार बढ़ाते है त्यौहार।
दूरी सभी मिटा देते है, पास-पास लाते त्यौहार।



This month, learning extends beyond the curriculum, fostering deeper understanding and lifelong skills.

Happy learning!

Regards

Headmistress DPS Surajkund

