

FARMERS MARKETS

Virtue of the Month: I AM POLITE

**Class: Montessori
Month: September
Session: 2025–2026**



Learning At Glance

Dear Parent,

Welcome to In-Touch, our monthly newsletter crafted to keep you connected with your child's joyful learning journey.

September opens with fresh excitement as our young learners step into the vibrant world of fruits and vegetables through our PBL theme – "Farmer's Market." This month, children will explore the wonders of farm-fresh produce in playful and meaningful ways. From naming fruits and vegetables to discovering how they grow, our little Dipsites will enrich their vocabulary, enhance communication, and sharpen observation skills through stories, rhymes, sensory play, and role play.

With our integrated approach, learning will span across subject areas, encouraging curiosity and creativity. Along the way, children will engage in simple conversations about healthy eating and develop an appreciation for farmers as vital helpers in our community. These experiences nurture respect for food, instill healthy eating habits, and highlight the importance of reducing food waste.

Language & Literacy Development

In the coming month, children will engage in a variety of interactive language and communication activities linked to our Project-Based Learning (PBL) theme — **Farmer's Market**.

General Conversation:

We will build vocabulary through knowing the names of fruits and vegetables, and encourage oral interaction around fruits and vegetables. Children will participate in conversations such as "I like apples," "Carrots are orange," and "I bought bananas from the market." They will also practice polite expressions like "Please," "Thank you," and "May I take this?" during role-play market setups and storytelling.

Picture Description: Children will explore picture comprehension using real-life images of markets, fruits, vegetables, and community helpers. Guided discussions, flashcards, and storytelling will encourage observation, vocabulary building, and expressive language skills.

Words Used in Everyday Life:

This month's action words will include: hop, draw, hold, and pick. Children will enjoy movement-based learning through rhymes, games, and dramatized role-play in our pretend Farmer's Market. We will also introduce opposites like fast/slow, up/down, and standing line/sleeping line using real-life examples and interactive flashcards.

Language & Literacy Development

Emergent Literacy Hindi (Language 2)

भाषा विकास – सामान्यसंवाद

शब्द भंडार: आम, केला, सेब, संतरा, तरबूज, अनार, अंगूर, टमाटर, आलू, गाजर,
मटर, प्याज़, धनिया, टोकरी, सब्ज़ी मंडी, किसान, खेत, बैलगाड़ी।

To develop the lexicon, the below-mentioned words will be introduced during our everyday conversation.

Vocabulary Enrichment

apple, banana, orange, watermelon, grapes, mango, pomegranate, carrot, potato, tomato, onion, peas, corn, spinach, cucumber, cabbage, cauliflower, farmer, field, tractor, vegetable market, basket, fresh, wash, cut, cook, eat, peel, plant, harvest, grow, healthy.

Cognitive Development

Logical and Mathematical Development

- Recapitulation of previous concepts
- – Numbers 1 to 3, Circle Shape
- Introduction of Numbers 4 and 5
- Identification of Number 3
- Introduction of Triangle Shape
- Counting and quantification using fruits and vegetables from the Farmer's Market theme
- Hands-on learning through:
- Dominoes Dice
- Number stories.Blocks
- Matching and Sorting activities
- Triangle shape recognition

Naturalistic Learning: Worlds of Learning

Exploring Fruits and Vegetables through:

- Texture (smooth, bumpy, soft)
- Taste (sweet, sour, bitter)
- Colour and Smell

Learning the Names of Common Fruits:

- Apple, Banana, Mango
- New fruits: Avocado, Kiwi, Dragon Fruit

Learning the Names of Common Vegetables:

- Potato, Carrot, Tomato (also a fruit!),
- New vegetables: Zucchini, Broccoli, Bell Pepper, Lettuce, Beetroot

Discovery-Based Process:

- Hands-on exploration: touch, smell, and observe real fruits and vegetables
- Taste-testing simple fruit and veggie bites
- Sorting by colour, size, and shape
- Identifying if they grow above or below the ground
- Conversations like “I touched a bumpy bitter gourd” or “I liked the soft avocado”

- Introduction to healthy eating habits and how farmers grow our food

Aesthetic & Cultural Development (Artistic Learning)

PERFORMING ARTS

MUSICAL LEARNING

- Vegetable Song
- Fruit Song

Theatre(To be Continued)

- Expression
- Dramatic Movements



Aesthetic & Cultural Development (Artistic Learning)

VISUAL ARTS

ART

- Vegetable and Fruit Printing (Cloth Bag/Paper Bag)
- Farmer Making (Collaborative Work)
- Vegetable Face art
- Sponge Dabbing on Fruits and Vegetables

POTTERY

- Vegetable Necklace

CRAFT

- 3D Fruit / Vegetable Making
- Mosaic Art on Fruit and Vegetable



Socio-Emotional & Ethical Development

- Role Play: Be a Farmer – Helping Others
- Sharing Basket Activity (pass around and share plastic fruits/veggies)
- Feeling Faces with Fruits (express feelings using fruit-themed emoji cards)



Celebrations and Activities of the Month

Event	Date
National Nutrition Week	September 1, 2025 - September 4, 2025
Teachers Day Celebration	September 4, 2025
Hindi Diwas	September 12, 2025
Grandparents' Day	September 16, 2025
Dussehra	September 30, 2025

STEAM

S (Science)

1. Touch & Feel Table (Fruits/Veggies)
2. Juice Tasting Corner
3. Farmer to plate Story

T (Technology)

1. Fruit Puzzle
2. Photo Matching – Real Fruits vs. Picture Cards

E (Engineering)

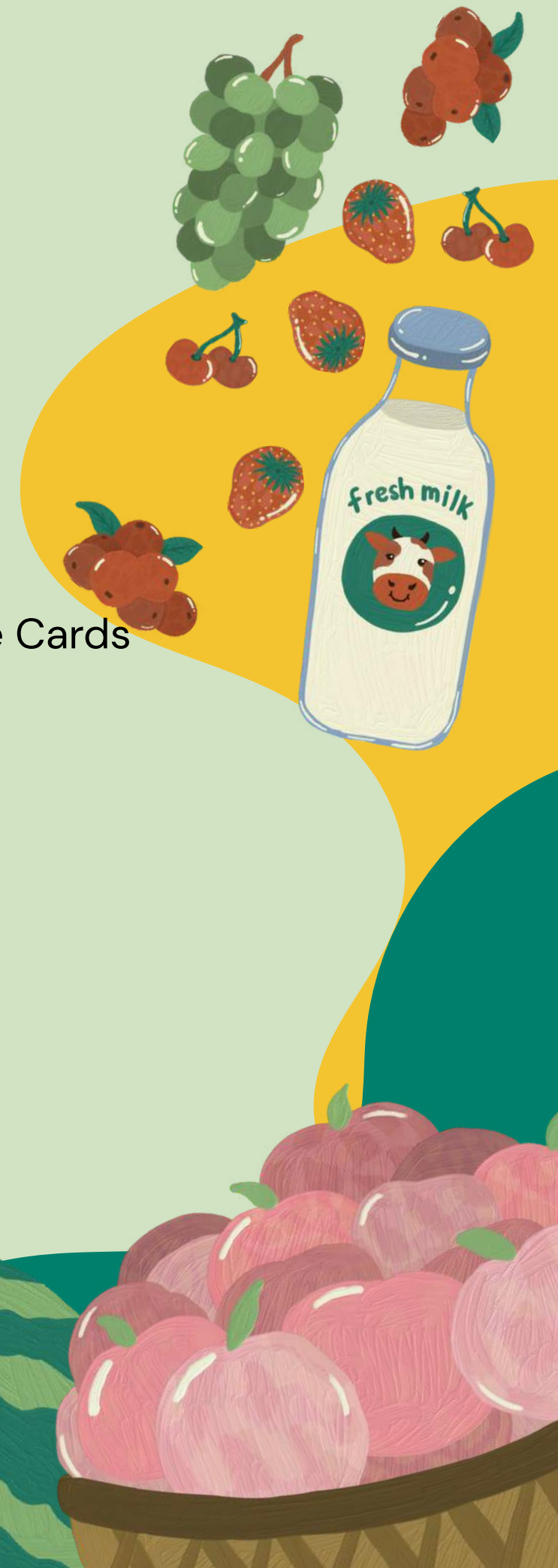
1. Build a Fruit Truck
2. Simple Balancing Game

A (Art)

1. Veggie Stamping
2. Bag Decor with Fruit Printing

M (Math)

1. Fruit-Veggie Counting
2. Colour Sorting
3. Big /Small



Fine & Gross Motor Development

Gross Motor Skills

Vegetable Basket Walk (carry light baskets with pretend veggies)

- Yoga Fun with Fruit & Veg Poses (banana pose, tree pose)
- Walk the Market Path (balancing on tape lines or stepping stones)

Fine Motor Skills

- Peeling Corn / Banana (fine motor control using real or pretend food)
- • Vegetable Printing with Pegs
- • Threading Leaf or Fruit Cut-outs
- • Poking Patterns in Dough using Sticks
- • Sticker Art: Match Fruits & Veggies
- • Buttoning Aprons / Farmer Dress-Up Play

Circle Time Song

Fruits and Veggies, Yummy and Bright
(Tune: Twinkle, Twinkle, Little Star)

Fruits and veggies, yum to eat,
Some are crunchy, some are sweet!

Bananas yellow, apples red,
Carrots grow beneath the bed.
Broccoli trees and peas so small,
I love them — I'll eat them all!



Energizer

- SIMON SAYS PICK APPLE

Rhyme Time

Healthy Food, Yummy and Good!

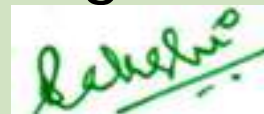
Healthy food helps me grow,
Junk food is a "no-no-no!"
Fruits and veggies every day,
Keep the germs far away!



आहा टमाटर बड़े मजेदार, वाह टमाटर बड़े मजेदार
एक दिन इसको चूहे ने खाया, बिल्ली को भी मार भगाया
आहा टमाटर बड़े मजेदार, वाह टमाटर बड़े मजेदार
एक दिन इसको पतलू ने खाया, मोटू को भी मार भगाया
आहा टमाटर बड़े मजेदार, वाह टमाटर बड़े मजेदार

The curriculum for the month has been thoughtfully crafted to support holistic development through Project-Based Learning. The learning experiences are through the integration of subject areas.
Happy learning!

Regards



Headmistress
DPS Surajkund

